Economic Stress Index

Struggling
<-4

Uncomfortable
-1 to -3

Comfortable
0 to 2

Thriving
3+

https://angusreid.org/canada-economy-inflation-rate-hike-debt/

QM1.
BASE = ALL
SINGLE CHOICE

All things considered, do you think you are financially better off or worse off than you were a year ago?

(+1) Better now
The same as a year ago
(-1) Worse now
Not sure

QM2.
BASE = ALL
SINGLE CHOICE

And a year from now, do you think you will be financially better off or worse off than you are now?

(+1) Better a year from now
The same as now
(-1) Worse a year from now
Not sure

QM3.
Base=All
Single choice

Thinking about grocery shopping and your household’s food budget today, how easy or difficult would you say it is to feed your household?

(+2) Very easy
(+1) Easy
(-1) Difficult
(-2) Very difficult
Not sure/I don’t do the grocery shopping

QM4.
Base=All
Single choice

And when it comes to your living situation, whether you’re paying a mortgage, renting, or otherwise, would you say the financial aspect of this is:

(+2) Easy – no worries at all
(+1) Manageable
(-1) Tough
(-2) Very difficult
Not applicable/Not paying rent or mortgage

IGNORE QM5

QM10.
Base=All
Single choice

When it comes to the debt – if any – that your household currently holds, would you say this amount is...

(+1) Not a problem at all
(-1) A minor source of stress
(-2) A major source of stress
(+1) Don’t have any debt