

Economic Stress Index

Struggling

<-4

Uncomfortable

-1 to -3

Comfortable

0 to 2

Thriving

3+

<https://angusreid.org/canada-economy-inflation-rate-hike-debt/>

QM1.

BASE = ALL

SINGLE CHOICE

All things considered, do you think you are financially better off or worse off than you were a year ago?

(+1) Better now

The same as a year ago

(-1) Worse now

Not sure

QM2.

BASE = ALL

SINGLE CHOICE

And a year from now, do you think you will be financially better off or worse off than you are now?

(+1) Better a year from now

The same as now

(-1) Worse a year from now

Not sure

QM3.

Base=All

Single choice

Thinking about grocery shopping and your household's food budget today, how easy or difficult would you say it is to feed your household?

(+2) Very easy

- (+1) Easy
- (-1) Difficult
- (-2) Very difficult
- Not sure/I don't do the grocery shopping

QM4.

Base=All

Single choice

And when it comes to your living situation, whether you're paying a mortgage, renting, or otherwise, would you say the financial aspect of this is:

- (+2) Easy – no worries at all
- (+1) Manageable
- (-1) Tough
- (-2) Very difficult
- Not applicable/Not paying rent or mortgage

IGNORE QM5

QM10.

Base=All

Single choice

When it comes to the debt – if any – that your household currently holds, would you say this amount is...

- (+1) Not a problem at all
- (-1) A minor source of stress
- (-2) A major source of stress
- (+1) Don't have any debt