

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
<b>Sample Size</b>	1600	182	880	379	159	1061	539

QF1. How are things going for you? Would you say financially you are:

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
In great shape – can handle anything that comes over the long term	11%	100%				17%	
In good shape	55%		100%			83%	
In bad shape	24%			100%			70%
In terrible shape, barely getting by	10%				100%		30%
Top2box	66%	100%	100%			100%	
Bottom2box	34%			100%	100%		100%

QF2. Thinking about grocery shopping and your household's food budget today, how easy or difficult would you say it is to feed your household?

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
Very easy	13%	57%	12%	1%	1%	19%	1%
Easy	40%	40%	57%	17%	4%	54%	13%
Difficult	35%	3%	27%	65%	39%	23%	57%
Very difficult	10%		2%	15%	54%	1%	27%
Not sure/I don't do the grocery shopping	2%	1%	2%	1%	2%	2%	1%
Net: Easy	54%	96%	69%	19%	5%	73%	15%
Net: Difficult	45%	3%	29%	80%	94%	25%	84%

QF4. In the last few months, have you or your household done any of the following to cut back on spending?

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
Cutting back on discretionary spending	67%	30%	66%	82%	84%	60%	83%

Delaying a major purchase, e.g. home, car, major appliance	43%	15%	38%	62%	59%	34%	61%
Deferring/not making a contribution to an RRSP or TFSA	35%	18%	26%	54%	53%	25%	54%
Other, specify:	8%	2%	5%	11%	25%	5%	15%
None of these/Prefer not to say	19%	54%	20%	6%	5%	26%	6%

QF5. And, in the last few months, have you or your household done any of the following to help pay your bills/expenses?

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
Drawn money from savings or another account you try not to touch	40%	11%	31%	67%	58%	28%	65%
Borrowed money from friends/family	13%	4%	5%	24%	43%	5%	30%
Sold an asset – cars, stocks, etc.	11%	6%	7%	16%	25%	7%	19%
Taken out a loan from the bank	8%	4%	5%	12%	20%	5%	15%
Taken out a loan from a pay day loan company – Money Mart, etc.	4%	4%	1%	5%	16%	1%	8%
Other, specify:	5%	2%	2%	5%	20%	2%	9%
None of these/Prefer not to say	48%	80%	61%	19%	13%	64%	17%

QW1. Which of the following currently describes your working status today? Are you...?

	Total	Financial situation					
		In great shape	In good shape	In bad shape	In terrible shape	Top2box	Bottom2box
Employed / self-employed full-time (30+ hours/week)	51%	46%	52%	53%	49%	51%	52%
Employed / self-employed part-time (fewer than 30 hours/week)	9%	11%	8%	11%	9%	8%	10%
Gig work – i.e. freelancing/no main employer (i.e. driving uber etc.)	1%	0%	1%	2%	1%	1%	2%
Student	4%	2%	4%	5%	3%	3%	5%
Homemaker	2%	2%	2%	1%	2%	2%	1%
Retired	27%	36%	31%	18%	12%	32%	17%
Looking for work	3%	0%	1%	4%	10%	1%	6%
Not working, not looking	1%	1%	1%	1%	3%	1%	2%
Other	3%	2%	1%	4%	9%	1%	5%
Net: employed/Self employed	60%	57%	59%	64%	59%	59%	63%

QW2. Which of the following very broad categories best describes the kind of work you are doing now?

Sample Size	962	103	522	244	93	625	337
	Total	Financial situation					
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Professional	26%	27%	31%	21%	11%	30%	18%
Knowledge/Creative occupations	7%	12%	8%	5%	4%	9%	5%
Manager/Executive	8%	11%	8%	7%	4%	9%	6%
IT/Information Technology	5%	3%	6%	6%	4%	5%	5%
Office work/Admin	14%	18%	10%	20%	15%	12%	19%
Sales & Service/Retail/Hospitality	11%	6%	9%	12%	19%	9%	14%
Skilled Trade	10%	6%	9%	13%	13%	9%	13%
Labour	8%	4%	8%	6%	15%	7%	9%
Other	11%	13%	10%	11%	15%	11%	12%

QW3. When was the last time that you received a raise, whether to your salary or other financial incentives, from either from your current employer or a previous one?

	Total	Financial situation					
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Within the last six months	33%	41%	36%	26%	21%	37%	25%
Six to 12 months	22%	20%	22%	25%	17%	22%	23%
12 months to two years ago	19%	24%	16%	25%	15%	17%	22%
Two to five years ago	11%	7%	11%	10%	14%	11%	11%
More than five years ago	7%	3%	7%	7%	13%	6%	8%
Have never received a raise	9%	5%	8%	7%	20%	7%	11%

QI. And finally, what best describes your living arrangement?

Sample Size	1600	182	880	379	159	1061	539
	Total	Financial situation					
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Alone	20%	14%	19%	23%	27%	18%	24%
With one or more roommates	5%	2%	3%	7%	11%	3%	8%
With my parents and/or any siblings	7%	9%	7%	6%	6%	7%	6%
With my partner or spouse and no children	36%	50%	39%	31%	18%	41%	27%
With my partner or spouse and children	25%	25%	27%	24%	19%	27%	22%
With my children, but no partner or spouse	3%	1%	2%	4%	12%	2%	7%
In a multigenerational household	3%	0%	3%	5%	7%	2%	6%