

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
Sample size	2550	287	256	155	162	836	555	299	2168	381	1244	1301	707	855	988	356	419	469	349	434	518	150	557	391	464	442	548	676	809	781	265	411	809	486	159	136	985	819	746	729	709	385	160	47	109	19	228

Regional sample sizes are unweighted. All other sample sizes, including column totals, are weighted to census data. Cells containing "\*" are statistically zero, though at least one response was received. Blank cells indicate zero responses received. Sample sizes below 100 should be interpreted with caution.

QM1. How would you say you've been feeling over the past few weeks...?

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
Great - not really bothered at all	16%	17%	14%	18%	13%	14%	20%	16%	16%	16%	19%	13%	13%	13%	20%	16%	16%	25%	11%	11%	16%	10%	14%	10%	17%	19%	21%	18%	16%	16%	16%	16%	18%	17%	14%	12%	18%	15%	14%	19%	16%	11%	22%	14%	16%	16%	16%
Good - some difficulty but nothing major	51%	52%	50%	47%	46%	50%	52%	51%	50%	51%	51%	50%	46%	49%	50%	48%	51%	52%	43%	48%	58%	43%	46%	52%	47%	51%	58%	44%	52%	53%	36%	49%	52%	54%	53%	53%	49%	51%	52%	50%	53%	52%	57%	40%	40%	50%	48%
Not good - having a pretty tough time with things	28%	26%	30%	31%	36%	29%	26%	28%	27%	24%	32%	32%	31%	22%	27%	27%	20%	37%	36%	24%	36%	31%	31%	31%	27%	19%	30%	27%	27%	36%	27%	27%	26%	29%	29%	26%	29%	29%	27%	28%	31%	21%	37%	33%	20%	29%	
Terrible - barely getting by at this point	5%	5%	7%	5%	6%	7%	3%	7%	5%	6%	6%	5%	9%	6%	2%	9%	6%	3%	9%	6%	2%	11%	8%	8%	5%	3%	2%	8%	5%	4%	12%	6%	5%	3%	5%	6%	7%	5%	5%	3%	7%	1%	9%	12%	14%	7%	
Topbox	67%	69%	64%	65%	59%	64%	72%	67%	67%	67%	70%	63%	59%	63%	75%	64%	67%	77%	54%	58%	74%	53%	61%	61%	64%	70%	80%	62%	68%	69%	53%	68%	68%	71%	66%	65%	67%	66%	67%	68%	69%	62%	39%	54%	55%	66%	64%
Bottombox	33%	31%	36%	35%	41%	36%	28%	33%	33%	33%	30%	37%	41%	37%	25%	36%	33%	23%	46%	42%	26%	47%	39%	39%	36%	30%	20%	38%	32%	31%	47%	32%	32%	29%	34%	35%	33%	34%	33%	32%	31%	38%	21%	46%	45%	34%	36%

Q01. [Topbox] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
Relationships with your spouse/partner	21%	22%	20%	19%	20%	22%	18%	20%	21%	19%	22%	19%	29%	22%	13%	31%	22%	16%	28%	22%	10%	23%	31%	24%	21%	13%	12%	15%	21%	26%	14%	16%	21%	26%	29%	20%	16%	21%	26%	19%	22%	25%	14%	24%	21%	25%	22%
Relationships with friends and family	14%	17%	13%	13%	16%	15%	11%	15%	15%	9%	15%	14%	23%	12%	10%	23%	13%	10%	23%	12%	9%	32%	20%	12%	12%	9%	10%	15%	13%	14%	19%	12%	13%	16%	8%	14%	14%	15%	11%	16%	16%	6%	13%	10%	7%	22%	
Your mental health	12%	13%	9%	10%	9%	13%	13%	8%	13%	9%	13%	12%	20%	12%	7%	21%	11%	8%	19%	12%	6%	21%	20%	11%	12%	7%	6%	14%	11%	12%	20%	10%	11%	13%	7%	12%	11%	14%	12%	8%	14%	14%	6%	8%	11%	22%	
Your overall physical health/well being	17%	19%	15%	21%	15%	19%	17%	14%	18%	15%	19%	16%	27%	18%	10%	29%	19%	13%	24%	17%	8%	28%	26%	18%	19%	11%	10%	16%	16%	21%	17%	15%	16%	22%	23%	17%	16%	18%	20%	16%	19%	18%	14%	13%	18%	17%	19%
Feeling supported/cared for	14%	15%	10%	18%	11%	16%	12%	10%	14%	10%	15%	13%	25%	10%	9%	27%	10%	10%	22%	11%	8%	29%	24%	11%	10%	9%	9%	14%	12%	15%	16%	13%	12%	17%	8%	18%	13%	13%	15%	11%	18%	15%	8%	13%	8%	10%	14%
Your sense of optimism	16%	18%	12%	17%	14%	18%	15%	12%	16%	13%	18%	14%	22%	14%	13%	27%	13%	15%	17%	15%	11%	23%	22%	12%	16%	10%	15%	15%	15%	16%	20%	12%	15%	17%	10%	18%	17%	17%	14%	13%	19%	14%	14%	12%	14%	6%	21%
Your life overall	23%	25%	21%	21%	18%	25%	24%	20%	24%	20%	26%	21%	37%	21%	15%	41%	23%	17%	33%	20%	14%	38%	37%	22%	21%	16%	15%	21%	21%	28%	24%	19%	21%	30%	20%	31%	21%	24%	26%	19%	25%	28%	21%	31%	18%	22%	29%

Q01. [Bottombox] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
Relationships with your spouse/partner	19%	16%	18%	17%	15%	22%	17%	18%	18%	21%	19%	19%	17%	23%	17%	16%	23%	17%	18%	23%	16%	18%	17%	24%	22%	20%	14%	17%	19%	21%	15%	18%	19%	19%	21%	30%	19%	19%	19%	20%	18%	19%	18%	16%	24%	16%	18%
Relationships with friends and family	39%	33%	47%	45%	36%	42%	36%	32%	38%	42%	38%	44%	35%	40%	42%	32%	37%	45%	38%	38%	38%	47%	41%	37%	34%	39%	39%	40%	39%	40%	39%	40%	39%	37%	43%	45%	37%	39%	41%	43%	32%	42%	37%	37%	54%	54%	30%
Your mental health	54%	51%	58%	55%	59%	59%	46%	57%	54%	56%	51%	57%	57%	59%	48%	55%	55%	46%	60%	63%	51%	61%	56%	59%	59%	56%	42%	54%	56%	54%	56%	52%	56%	53%	57%	52%	55%	58%	56%	51%	62%	48%	59%	61%	69%	46%	
Your overall physical health/well being	53%	47%	57%	52%	59%	55%	49%	56%	53%	51%	51%	55%	48%	57%	53%	48%	54%	50%	48%	60%	55%	47%	48%	59%	56%	57%	49%	56%	51%	53%	54%	57%	51%	50%	52%	65%	51%	53%	55%	55%	50%	55%	52%	58%	53%	53%	51%
Feeling supported/cared for	36%	32%	43%	36%	39%	38%	31%	32%	36%	35%	33%	38%	35%	43%	30%	31%	40%	28%	38%	46%	32%	34%	35%	41%	45%	38%	25%	38%	36%	34%	35%	36%	33%	34%	38%	35%	35%	37%	37%	31%	37%	32%	43%	46%	31%	36%	
Your sense of optimism	56%	56%	63%	60%	59%	57%	51%	55%	55%	60%	55%	56%	55%	58%	55%	54%	59%	53%	56%	57%	56%	53%	55%	61%	55%	61%	50%	53%	57%	59%	53%	52%	57%	55%	65%	62%	51%	58%	59%	61%	51%	60%	48%	62%	71%	73%	45%
Your life overall	41%	39%	46%	44%	45%	42%	35%	43%	41%	42%	38%	44%	36%	43%	42%	36%	40%	38%	37%	47%	45%	40%	35%	42%	45%	47%	37%	45%	41%	36%	50%	43%	41%	35%	38%	37%	40%	43%	40%	44%	37%	41%	33%	41%	53%	53%	37%

Q01. [Relationships with your spouse/partner] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
A lot better than two years ago	8%	9%	5%	8%	7%	9%	9%	5%	8%	7%	8%	7%	12%	8%	5%	12%	7%	7%	12%	9%	3%	10%	12%	8%	9%	4%	5%	5%	8%	9%	6%	4%	8%	9%	11%	6%	8%	10%	6%	8%	10%	7%	9%	6%	15%	11%	
A little better	13%	13%	15%	11%	13%	13%	10%	15%	13%	12%	14%	12%	18%	14%	8%	19%	15%	10%	17%	13%	7%	13%	19%	16%	12%	9%	8%	10%	12%	17%	8%	11%	12%	17%	21%	9%	10%	12%	17%	13%	14%	15%	7%	15%	15%	10%	11%
The same - no change	37%	39%	39%	40%	3																																										

Q01. [Relationships with friends and family] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)						Household Income					Household Income (Fine)					Education					2021 Fed Vote									
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote				
		A lot better than two years ago	3%	5%	3%	3%	3%	3%	4%	3%	4%	2%	4%	3%	5%	3%	2%	5%	3%	3%	6%	3%	2%	4%	6%	3%	3%	2%	3%	4%	3%	3%	3%	3%	2%	4%	3%	2%	5%	2%	3%	4%	3%	4%	4%	7%	7%				
A little better	11%	12%	11%	10%	14%	12%	7%	12%	11%	7%	11%	10%	18%	9%	7%	18%	10%	7%	17%	8%	8%	28%	15%	9%	7%	11%	10%	13%	9%	10%	12%	8%	10%	11%	11%	10%	9%	13%	12%	4%	8%	7%	14%	14%							
The same - no change	46%	49%	38%	41%	48%	42%	52%	52%	46%	48%	47%	45%	38%	43%	54%	38%	43%	57%	38%	43%	51%	30%	40%	40%	48%	53%	55%	44%	47%	46%	39%	47%	47%	41%	47%	47%	43%	46%	51%	41%	55%	47%	35%	39%	46%						
A little worse	29%	26%	35%	33%	26%	32%	27%	25%	29%	31%	29%	30%	28%	32%	28%	29%	32%	26%	27%	33%	30%	25%	28%	34%	31%	29%	27%	29%	30%	31%	26%	31%	30%	28%	34%	28%	34%	30%	26%	33%	32%	27%	33%	38%	18%	18%					
A lot worse than two years ago	9%	7%	12%	12%	9%	10%	8%	9%	9%	11%	9%	10%	10%	11%	7%	11%	10%	6%	10%	12%	8%	12%	10%	13%	9%	8%	7%	10%	10%	9%	13%	9%	10%	10%	8%	8%	10%	11%	8%	12%	6%	7%	5%	10%	21%	16%	12%				
Not applicable	1%	1%	2%	1%	1%	2%	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	3%	3%					
TopBox	14%	17%	13%	13%	16%	15%	11%	15%	15%	9%	15%	14%	23%	12%	10%	23%	13%	10%	23%	12%	9%	32%	20%	12%	12%	9%	10%	15%	13%	14%	19%	12%	13%	16%	8%	14%	14%	15%	11%	16%	16%	6%	13%	10%	7%	22%					
BottomBox	39%	33%	47%	45%	36%	42%	36%	32%	38%	42%	38%	44%	34%	44%	35%	40%	42%	32%	37%	45%	38%	38%	38%	47%	41%	37%	34%	39%	39%	40%	39%	40%	39%	40%	39%	37%	43%	45%	37%	39%	41%	43%	32%	42%	37%	37%	54%	54%	30%		

Q01. [Your mental health] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)						Household Income					Household Income (Fine)					Education					2021 Fed Vote									
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote				
		A lot better than two years ago	4%	3%	3%	3%	2%	5%	6%	3%	5%	3%	4%	4%	8%	4%	2%	7%	4%	3%	8%	4%	2%	9%	7%	4%	5%	3%	2%	5%	4%	4%	8%	3%	4%	4%	2%	5%	4%	5%	5%	3%	4%	5%	4%	5%	5%	10%	10%		
A little better	8%	10%	6%	7%	7%	8%	7%	5%	8%	7%	8%	7%	12%	8%	4%	14%	7%	5%	10%	9%	4%	12%	12%	8%	7%	5%	4%	9%	7%	8%	12%	8%	7%	9%	4%	7%	7%	9%	7%	5%	10%	9%	3%	4%	5%	5%	12%				
The same - no change	33%	36%	32%	35%	32%	27%	39%	35%	33%	33%	36%	30%	22%	29%	44%	24%	34%	46%	20%	24%	42%	17%	23%	29%	28%	35%	51%	31%	33%	23%	22%	37%	33%	33%	33%	33%	31%	36%	31%	31%	36%	34%	23%	44%	28%	20%	31%	31%			
A little worse	36%	35%	38%	36%	35%	37%	33%	40%	36%	39%	34%	38%	34%	37%	37%	30%	35%	36%	37%	39%	38%	31%	34%	36%	38%	43%	33%	31%	38%	38%	29%	33%	38%	39%	37%	32%	32%	37%	41%	36%	36%	42%	40%	40%	52%	25%	25%				
A lot worse than two years ago	18%	16%	20%	19%	24%	22%	13%	17%	18%	17%	17%	18%	24%	22%	11%	24%	20%	10%	23%	24%	13%	20%	22%	24%	21%	14%	9%	22%	18%	17%	28%	19%	18%	13%	20%	25%	20%	18%	17%	20%	8%	18%	30%	17%	21%	21%					
Not applicable	1%	1%	1%	1%	1%	2%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%	2%				
TopBox	12%	13%	9%	10%	9%	13%	13%	8%	13%	9%	13%	12%	20%	12%	7%	21%	11%	8%	19%	12%	8%	21%	20%	11%	12%	7%	8%	14%	11%	12%	20%	10%	11%	13%	8%	7%	12%	11%	14%	12%	8%	14%	8%	8%	11%	22%	22%				
BottomBox	54%	51%	58%	55%	58%	58%	46%	57%	54%	56%	51%	57%	57%	58%	48%	55%	55%	46%	60%	63%	51%	61%	56%	58%	59%	56%	42%	54%	56%	54%	56%	52%	56%	53%	57%	57%	52%	55%	58%	56%	51%	62%	48%	58%	61%	69%	46%				

Q01. [Your overall physical health/well being] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)						Household Income					Household Income (Fine)					Education					2021 Fed Vote									
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote				
		A lot better than two years ago	5%	4%	6%	3%	3%	5%	7%	4%	5%	4%	6%	5%	8%	5%	3%	9%	5%	4%	7%	5%	2%	8%	8%	4%	6%	4%	3%	6%	5%	5%	8%	5%	4%	5%	6%	6%	5%	5%	4%	5%	5%	4%	5%	5%	4%	5%	3%	8%	
A little better	12%	15%	9%	18%	12%	14%	11%	10%	13%	11%	14%	11%	19%	13%	7%	20%	14%	8%	17%	12%	6%	20%	18%	14%	13%	8%	7%	10%	11%	16%	10%	10%	11%	17%	18%	11%	10%	13%	15%	12%	14%	13%	10%	9%	13%	14%	16%				
The same - no change	29%	34%	27%	27%	26%	26%	33%	30%	28%	33%	29%	28%	25%	24%	37%	23%	26%	37%	26%	21%	36%	24%	25%	23%	29%	31%	41%	27%	33%	25%	27%	28%	33%	28%	33%	28%	32%	28%	32%	28%	28%	31%	26%	28%	27%	30%	38%	28%			
A little worse	36%	34%	38%	37%	37%	34%	36%	39%	35%	36%	36%	35%	33%	36%	38%	34%	37%	37%	32%	34%	38%	30%	34%	37%	35%	36%	39%	35%	36%	37%	29%	34%	36%	38%	38%	32%	43%	34%	36%	37%	36%	33%	38%	43%	35%	35%	48%	32%			
A lot worse than two years ago	17%	12%	19%	16%	22%	21%	13%	17%	18%	15%	20%	15%	22%	15%	13%	17%	13%	16%	17%	14%	22%	21%	21%	10%	11%	14%	9%	25%	16%	14%	18%	15%	13%	20%	22%	17%	16%	18%	19%	17%	19%	17%	17%	9%	23%	17%	6%	18%			
Not applicable	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%	2%			
TopBox	17%	19%	15%	17%	15%	19%	17%	14%	18%	15%	19%	16%	27%	18%	10%	29%	19%	13%	24%	17%	8%	28%	26%	18%	19%	11%	10%	16%	16%	21%	17%	15%	16%	22%	23%	17%	16%	18%	20%	16%	19%	18%	14%	13%	18%	17%	19%				
BottomBox	53%	47%	57%	52%	59%	55%	49%	56%	53%	51%	51%	55%	48%	57%	53%	48%	54%	50%	48%	60%	55%	47%	48%	59%	56%	57%	49%	56%	51%	53%	54%	57%	51%	50%	52%	65%	51%	53%	55%	55%	50%	55%	52%	58%	53%	53%	51%				

Q01. [Feeling supported/cared for] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)						Household Income					Household Income (Fine)					Education					2021 Fed Vote									
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote				
		A lot better than two years ago	3%	5%	2%	2%	1%	4%	3%	3%	3%	2%	3%	3%	4%	3%	3%	3%	3%	3%	5%	4%	2%	2%	4%	3%	4%	2%	2%	3%	3%	4%	3%	3%	4%	3%	5%	1%	2%	3%	3%	4%	2%	4%	4%	1%	2%	3%	4%	5%	
A little better	11%	10%	8%	16%	10%	12%	10%	8%	11%	8%	12%	9%	21%	7%	6%	25%	7%	6%	18%	7%	6%	27%	20%	8%	6%	6%	6%	11%	9%	12%	13%	10%	9%	12%	8%	16%	10%	10%	11%	9%	14%	11%	7%	10%	4%	10%	9%				
The same - no change	47%	51%	45%	44%	48%	42%	52%	54%	47%	51%	49%	46%	37%	44%	58%	38%	48%	58%	34%	40%	58%	34%	46%	42%	53%	62%	43%	49%	48%	36%	48%	49%	47%	55%	43%	48%	48%	46%	49%	48%	46%	55%	42%	41%	57%	45%					
A little worse	23%	22%	28%	22%	23%	25%	21%	21%	24%	21%	22%	25%	22%	28%	21%	17%	27%	20%	26%	28%	22%	19%	22%	25%	29%	25%	19%	24%	24%	23%	25%	24%	24%	23%	21%	26%	21%	23%	27%	22%	23%	28%	28%	24%	20%	13%	22%				
A lot worse than two years ago	12%	10%	15%	14%	16%	14%	9%	11%	12%	14%	11%	13%	13%	15%	9%	14%	13%	8%	12%	18%	10%	15%	13%	16%	15%	11%	7%	14%	12%	11%	18%	11%	12%	10%	14%	12%	14%	12%	10%	15%	8%	10%	15%	27%	17%	14%					
Not applicable	3%	3%	2%	1%	2%	3%	4%	3%	3%																																										

Q01. [Your life overall] overall, when it comes to the following aspects of your life, you would say things are better, worse or unchanged since March 2020:

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
A lot better than two years ago	5%	6%	4%	5%	3%	7%	4%	3%	6%	4%	5%	6%	10%	4%	3%	11%	4%	3%	9%	5%	4%	11%	10%	5%	4%	3%	3%	6%	5%	6%	7%	5%	5%	7%	4%	9%	6%	5%	6%	4%	6%	7%	1%	8%	4%	5%	10%
A little better	18%	19%	16%	16%	15%	18%	19%	17%	18%	16%	20%	15%	27%	17%	12%	30%	19%	14%	24%	15%	11%	27%	27%	17%	17%	13%	12%	15%	17%	22%	18%	14%	17%	23%	16%	22%	15%	18%	21%	15%	19%	21%	20%	23%	14%	17%	18%
The same - no change	35%	36%	33%	35%	37%	32%	40%	37%	35%	37%	36%	35%	25%	35%	42%	23%	38%	45%	29%	33%	40%	20%	27%	36%	34%	37%	47%	32%	38%	36%	24%	38%	38%	35%	42%	33%	39%	33%	34%	37%	37%	30%	45%	26%	28%	25%	33%
A little worse	31%	30%	33%	30%	36%	32%	29%	34%	31%	31%	28%	34%	27%	32%	33%	27%	28%	28%	27%	37%	37%	27%	27%	31%	33%	37%	30%	32%	32%	29%	30%	32%	28%	28%	32%	28%	28%	33%	33%	32%	31%	33%	31%	33%	35%	36%	25%
A lot worse than two years ago	10%	9%	13%	14%	9%	11%	7%	9%	9%	11%	10%	9%	9%	11%	9%	9%	12%	9%	10%	11%	8%	12%	9%	11%	12%	10%	7%	14%	9%	7%	19%	10%	9%	6%	9%	5%	11%	10%	7%	12%	6%	9%	3%	7%	18%	17%	12%
Not applicable	1%	%	1%			1%	1%		1%	1%	%	1%	%	%	1%	%	%	2%	%	%	2%	1%		1%	1%	%	1%	%	1%	2%	%	%	%			1%	%	%	%	1%	1%	2%	1%			1%	
Top2box	23%	25%	21%	21%	18%	25%	24%	20%	24%	20%	26%	21%	37%	21%	15%	41%	23%	17%	33%	20%	14%	38%	37%	22%	21%	16%	15%	21%	21%	28%	24%	19%	21%	30%	20%	31%	21%	24%	26%	19%	25%	28%	21%	31%	18%	22%	29%
Bottom2box	41%	39%	46%	44%	45%	42%	35%	43%	41%	42%	38%	44%	36%	43%	42%	36%	40%	38%	37%	47%	45%	40%	35%	42%	45%	47%	37%	45%	41%	36%	50%	43%	41%	35%	38%	37%	40%	43%	40%	44%	37%	41%	33%	41%	53%	53%	37%

Q04. Agreement - It's made me reflect on what is really important

	Total	Region							Geo Type		Gender		Age			Gender-Age					Age (Fine)					Household Income			Household Income (Fine)					Education			2021 Fed Vote										
		BC	AB	SK	MB	ON	QC	ATL	Urban	Rural	Male	Female	18-34	35-54	55+	M 18-34	M 35-54	M 55+	F 18-34	F 35-54	F 55+	18-24	25-34	35-44	45-54	55-64	65+	<\$50K	\$50K-<\$100K	\$100K+	<\$25K	\$25K-<\$50K	\$50K-<\$100K	\$100K-<\$150K	\$150K-<\$200K	\$200K+	<=HS	College/Trade school	Univ+	CPC	Lib	NDP	BQ	Green	PPC	Other	Did not vote
Strongly agree	25%	22%	24%	23%	25%	27%	25%	20%	26%	19%	21%	28%	29%	23%	23%	27%	18%	19%	31%	29%	26%	36%	27%	21%	25%	25%	21%	27%	22%	25%	31%	23%	22%	26%	22%	27%	24%	23%	27%	22%	28%	26%	21%	16%	21%	21%	29%
Agree	56%	55%	56%	63%	57%	56%	53%	61%	58%	55%	56%	50%	56%	60%	47%	55%	61%	52%	57%	59%	47%	50%	58%	54%	57%	63%	55%	59%	56%	50%	58%	59%	55%	57%	55%	55%	57%	55%	57%	59%	59%	57%	53%	43%	52%		
Disagree	10%	13%	10%	7%	10%	10%	10%	9%	10%	13%	14%	7%	11%	12%	9%	14%	16%	10%	8%	9%	6%	8%	12%	13%	12%	10%	7%	8%	12%	12%	8%	8%	12%	13%	12%	9%	10%	12%	8%	14%	9%	8%	9%	16%	11%	25%	6%
Strongly disagree	2%	1%	1%	1%	2%	1%	5%	2%	2%	1%	2%	2%	3%	2%	2%	4%	2%	1%	2%	2%	2%	1%	3%	2%	2%	3%	1%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	2%	3%	1%	1%	4%	4%	5%	3%	2%
Not sure/Can't say	7%	10%	8%	5%	5%	5%	8%	9%	7%	8%	8%	6%	7%	7%	7%	7%	9%	9%	7%	5%	6%	8%	7%	6%	8%	8%	8%	6%	5%	9%	8%	6%	3%	7%	7%	8%	7%	5%	6%	8%	7%	7%	8%	9%	8%	11%	
Top2box	81%	77%	80%	86%	83%	83%	77%	82%	81%	78%	76%	85%	79%	79%	83%	75%	73%	80%	83%	85%	84%	78%	80%	79%	82%	84%	82%	81%	81%	81%	82%	81%	82%	79%	82%	78%	79%	85%	77%	85%	85%	80%	73%	75%	64%	81%	
Bottom2box	12%	13%	12%	9%	12%	12%	15%	9%	12%	14%	16%	9%	14%	14%	10%	18%	18%	12%	9%	10%	9%	9%	15%	14%	13%	12%	8%	10%	13%	14%	10%	10%	13%	15%	14%	11%	13%	14%	10%	17%	10%	8%	13%	20%	17%	28%	8%