

	Total	HH Size				
		1	2	3	4	5+
<b>Sample Size</b>	1912	330	727	370	313	171

*Regional sample sizes are unweighted. All other sample sizes, including column totals, are weighted to census data. Cells containing “\*” are statistically zero, though at least one response was received. Blank cells indicate zero responses received. Sample sizes below 100 should be interpreted with caution.*

QC1. Thinking about the last couple of weeks of your own life, which of the following words best describe what you have been feeling the most?

	Total	HH Size				
		1	2	3	4	5+
Worried	44%	41%	47%	42%	43%	39%
Anxious	41%	36%	41%	43%	39%	47%
Grateful	34%	33%	33%	38%	33%	37%
Bored	30%	33%	27%	32%	31%	34%
Optimistic	19%	18%	22%	19%	15%	16%
Depressed	16%	22%	12%	19%	14%	22%
Normal	14%	15%	15%	12%	15%	12%
Untroubled	11%	11%	12%	10%	11%	9%
Pessimistic	9%	10%	10%	9%	7%	9%
Numb	9%	9%	8%	10%	10%	13%
Happy	6%	5%	6%	5%	7%	5%
Other: (specify)	7%	7%	6%	6%	7%	8%
Net: Positive	56%	55%	57%	57%	56%	56%
Net: Negative	80%	78%	78%	83%	81%	84%

QC2. On which step of the ladder would you say you personally feel you stand at this time?

	Total	HH Size				
		1	2	3	4	5+
10 -my life is at its best	1%	1%	2%	1%	*%	1%
9	3%	4%	4%	4%	2%	2%
8	14%	12%	17%	13%	12%	11%
7	23%	15%	24%	25%	25%	26%
6	18%	18%	17%	17%	20%	18%
5	17%	19%	15%	17%	18%	17%
4	11%	11%	11%	10%	13%	14%
3	7%	11%	6%	9%	8%	6%
2	3%	4%	3%	3%	1%	1%
1	1%	1%	1%	*%	*%	3%
0 - my life is at its worst	1%	3%	1%	1%	1%	1%
Rated 8-10	19%	17%	23%	17%	15%	13%
Rated 4-7	69%	65%	67%	69%	76%	75%
Rated 0-3	12%	18%	10%	14%	10%	12%
Mean	5.8	5.5	6.0	5.8	5.8	5.6

QF1. Number of people living in household

	Total	HH Size				
		1	2	3	4	5+
Just one – I live alone	17%	100%				
Two people	38%		100%			
Three people	19%			100%		
Four people	16%				100%	
Five or more people in my household	9%					100%

QC3. Impact- Your household financial situation

	Total	HH Size				
		1	2	3	4	5+
A lot better than six weeks ago	2%	2%	3%	2%	3%	*%
A little better	9%	9%	9%	9%	12%	7%
The same – no change	46%	52%	48%	45%	39%	39%
A little worse	30%	25%	29%	30%	35%	41%
A lot worse than six weeks ago	12%	12%	11%	14%	11%	12%
Net: Better	12%	11%	12%	11%	15%	8%
Net: Worse	42%	37%	40%	45%	45%	53%

QC3. Impact- Your mental health

	Total	HH Size				
		1	2	3	4	5+
A lot better than six weeks ago	2%	2%	2%	*%	3%	
A little better	6%	6%	5%	5%	8%	6%
The same – no change	42%	45%	48%	37%	38%	35%
A little worse	40%	38%	38%	46%	39%	49%
A lot worse than six weeks ago	10%	10%	8%	11%	11%	10%
Net: Better	7%	8%	7%	6%	12%	6%
Net: Worse	50%	48%	46%	57%	50%	59%

QC3. Impact- Your physical well being

	Total	HH Size				
		1	2	3	4	5+
A lot better than six weeks ago	2%	4%	2%	2%	1%	1%
A little better	10%	7%	9%	9%	15%	11%
The same – no change	46%	45%	49%	44%	43%	45%
A little worse	35%	35%	35%	38%	34%	33%
A lot worse than six weeks ago	7%	9%	4%	8%	7%	9%
Net: Better	12%	10%	11%	11%	16%	13%
Net: Worse	42%	45%	39%	45%	40%	42%

	Total	HH Size				
		1	2	3	4	5+
<b>Sample Size (Live with others)</b>	1581	-	727	370	313	171

QC3. Impact- Relationships with people in your household

	Total	HH Size				
		1	2	3	4	5+
A lot better than six weeks ago	4%		4%	4%	4%	4%
A little better	20%		17%	19%	26%	23%
The same – no change	62%		68%	60%	53%	53%
A little worse	12%		9%	14%	15%	19%
A lot worse than six weeks ago	2%		1%	3%	2%	1%
Net: Better	24%		21%	23%	31%	27%
Net: Worse	14%		10%	17%	16%	20%

	Total	HH Size				
		1	2	3	4	5+
<b>Sample Size</b>	1912	330	727	370	313	171

**QC3. Impact- Relationships with friends and family outside your household**

	Total	HH Size				
		1	2	3	4	5+
A lot better than six weeks ago	2%	3%	2%	1%	2%	1%
A little better	9%	12%	9%	8%	9%	7%
The same – no change	57%	52%	61%	56%	51%	65%
A little worse	25%	21%	21%	29%	32%	24%
A lot worse than six weeks ago	7%	12%	6%	7%	6%	3%
Net: Better	11%	15%	12%	9%	11%	8%
Net: Worse	32%	33%	27%	35%	38%	27%

**Q8c- Being impacted- Job loss ?**

	Total	HH Size				
		1	2	3	4	5+
Major impact	22%	23%	19%	27%	22%	23%
Minor impact	30%	26%	29%	30%	33%	37%
No impact	48%	52%	52%	43%	45%	40%

**Q8c- Being impacted- Loss of household income?**

	Total	HH Size				
		1	2	3	4	5+
Major impact	22%	21%	20%	22%	21%	28%
Minor impact	33%	27%	30%	36%	40%	37%
No impact	45%	52%	50%	42%	39%	35%

**Q8c- Being impacted- Loss of investment value?**

	Total	HH Size				
		1	2	3	4	5+
Major impact	30%	26%	36%	27%	28%	25%
Minor impact	34%	29%	33%	39%	35%	31%
No impact	36%	45%	31%	34%	36%	44%

**QC9. So far, have you or anyone in your household tried to access federal employment insurance benefits, known as EI or the Canada Emergency Response Benefit (CERB)?**

	Total	HH Size				
		1	2	3	4	5+
Yes – applied and received funds	23%	16%	19%	27%	28%	33%
Yes – applied but haven't received funds yet	9%	3%	7%	11%	12%	17%
No – have not applied	68%	81%	74%	62%	60%	49%
Net: Yes	32%	19%	26%	38%	40%	51%

	Total	HH Size				
		1	2	3	4	5+
<b>Sample Size (Have applied to EI/CERB)</b>	606	64	191	140	125	87

QC10. which statement best describes the impact on you and your household during this economic downturn?

	Total	HH Size				
		1	2	3	4	5+
These programs are vital, a total lifeline	38%	54%	41%	32%	33%	34%
These programs help a lot	35%	25%	34%	36%	39%	38%
These programs help – but just a little	21%	19%	21%	24%	22%	19%
These programs aren't of any help at all	3%		2%	3%	4%	3%
Not sure/can't say	3%	2%	2%	4%	2%	7%
Net: Vital/ help a lot	73%	79%	75%	69%	72%	72%
Net: Help a little/ no help	24%	19%	23%	27%	26%	22%

	Total	HH Size				
		1	2	3	4	5+
<b>Sample Size</b>	1912	330	727	370	313	171

QC13. Which is closest to your own point of view?

	Total	HH Size				
		1	2	3	4	5+
It's time to start lifting some of the public restrictions imposed since the COVID-19 outbreak in my province	17%	16%	17%	16%	16%	20%
It's too soon to start lifting public restrictions imposed since the COVID-19 outbreak in my province	77%	78%	76%	77%	78%	74%
Not Sure/Don't know	6%	6%	7%	8%	6%	6%

QC16. If you were a government decision maker, which point of view would carry more weight?

	Total	HH Size				
		1	2	3	4	5+
Public safety and health depends on continuing restrictions	52%	55%	52%	52%	54%	46%
Restricting business operations is harming the economy	9%	7%	9%	7%	11%	10%
Both, equally	39%	37%	40%	41%	35%	44%

QC3. Impact-Index

	Total	HH Size				
		1	2	3	4	5+
Hardest hit	26%	23%	24%	28%	29%	35%
Struggling mentally	24%	24%	22%	28%	21%	24%
Struggling financially	16%	14%	16%	17%	16%	18%
Managing well	34%	39%	38%	27%	34%	23%