

QC1. Thinking about the last couple of weeks of your own life, which of the following words best describe what you have been feeling the most?

|                  | Total | COVID-19 Impact Index |                     |                        |               |
|------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Worried          | 44%   | 62%                   | 52%                 | 36%                    | 28%           |
| Anxious          | 41%   | 57%                   | 57%                 | 33%                    | 20%           |
| Grateful         | 34%   | 24%                   | 30%                 | 38%                    | 44%           |
| Bored            | 30%   | 31%                   | 31%                 | 30%                    | 29%           |
| Optimistic       | 19%   | 10%                   | 11%                 | 26%                    | 29%           |
| Depressed        | 16%   | 33%                   | 23%                 | 7%                     | 4%            |
| Normal           | 14%   | 4%                    | 6%                  | 24%                    | 24%           |
| Untroubled       | 11%   | 2%                    | 4%                  | 14%                    | 21%           |
| Pessimistic      | 9%    | 14%                   | 10%                 | 11%                    | 4%            |
| Numb             | 9%    | 13%                   | 14%                 | 6%                     | 5%            |
| Happy            | 6%    | 1%                    | 3%                  | 9%                     | 10%           |
| Other: (specify) | 7%    | 5%                    | 6%                  | 8%                     | 7%            |
| Net: Positive    | 56%   | 35%                   | 42%                 | 71%                    | 76%           |
| Net: Negative    | 80%   | 96%                   | 92%                 | 75%                    | 61%           |

QC2. On which step of the ladder would you say you personally feel you stand at this time?

|                             | Total | COVID-19 Impact Index |                     |                        |               |
|-----------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                             |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| 10 -my life is at its best  | 1%    | *%                    | *%                  | *%                     | 3%            |
| 9                           | 3%    | *%                    | 1%                  | 4%                     | 7%            |
| 8                           | 14%   | 4%                    | 8%                  | 15%                    | 25%           |
| 7                           | 23%   | 15%                   | 23%                 | 28%                    | 28%           |
| 6                           | 18%   | 16%                   | 22%                 | 16%                    | 17%           |
| 5                           | 17%   | 20%                   | 17%                 | 19%                    | 13%           |
| 4                           | 11%   | 21%                   | 15%                 | 7%                     | 4%            |
| 3                           | 7%    | 14%                   | 9%                  | 7%                     | 2%            |
| 2                           | 3%    | 6%                    | 3%                  | 2%                     | 1%            |
| 1                           | 1%    | 2%                    | 1%                  | *%                     | *%            |
| 0 - my life is at its worst | 1%    | 2%                    | 1%                  | 2%                     | *%            |
| Rated 8-10                  | 19%   | 5%                    | 10%                 | 19%                    | 35%           |
| Rated 4-7                   | 69%   | 72%                   | 76%                 | 71%                    | 61%           |
| Rated 0-3                   | 12%   | 24%                   | 14%                 | 10%                    | 3%            |
| Mean                        | 5.8   | 4.8                   | 5.5                 | 6.0                    | 6.8           |
| Mean                        |       |                       | B                   | BC                     | BCD           |

**QF1. Number of people living in household**

|                                     | Total | COVID-19 Impact Index |                     |                        |               |
|-------------------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                                     |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Just one – I live alone             | 17%   | 15%                   | 18%                 | 15%                    | 20%           |
| Two people                          | 38%   | 34%                   | 35%                 | 38%                    | 43%           |
| Three people                        | 19%   | 21%                   | 23%                 | 20%                    | 15%           |
| Four people                         | 16%   | 18%                   | 14%                 | 17%                    | 16%           |
| Five or more people in my household | 9%    | 12%                   | 9%                  | 10%                    | 6%            |

QC3. Impact- Your household financial situation

|                                 | Total | COVID-19 Impact Index |                     |                        |               |
|---------------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                                 |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| A lot better than six weeks ago | 2%    |                       | 3%                  |                        | 5%            |
| A little better                 | 9%    |                       | 12%                 |                        | 19%           |
| The same – no change            | 46%   |                       | 85%                 |                        | 76%           |
| A little worse                  | 30%   | 67%                   |                     | 80%                    |               |
| A lot worse than six weeks ago  | 12%   | 33%                   |                     | 20%                    |               |
| Net: Better                     | 12%   |                       | 15%                 |                        | 24%           |
| Net: Worse                      | 42%   | 100%                  |                     | 100%                   |               |

QC3. Impact- Your mental health

|                                 | Total | COVID-19 Impact Index |                     |                        |               |
|---------------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                                 |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| A lot better than six weeks ago | 2%    |                       |                     | 2%                     | 4%            |
| A little better                 | 6%    |                       |                     | 10%                    | 12%           |
| The same – no change            | 42%   |                       |                     | 88%                    | 84%           |
| A little worse                  | 40%   | 73%                   | 89%                 |                        |               |
| A lot worse than six weeks ago  | 10%   | 27%                   | 11%                 |                        |               |
| Net: Better                     | 7%    |                       |                     | 12%                    | 16%           |
| Net: Worse                      | 50%   | 100%                  | 100%                |                        |               |

QC3. Impact- Your physical well being

|                                 | Total | COVID-19 Impact Index |                     |                        |               |
|---------------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                                 |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| A lot better than six weeks ago | 2%    | 1%                    | *%                  | 2%                     | 4%            |
| A little better                 | 10%   | 6%                    | 8%                  | 14%                    | 13%           |
| The same – no change            | 46%   | 31%                   | 37%                 | 54%                    | 60%           |
| A little worse                  | 35%   | 48%                   | 44%                 | 27%                    | 22%           |
| A lot worse than six weeks ago  | 7%    | 14%                   | 10%                 | 2%                     | 1%            |
| Net: Better                     | 12%   | 7%                    | 9%                  | 16%                    | 17%           |
| Net: Worse                      | 42%   | 62%                   | 54%                 | 30%                    | 23%           |

**QC3. Impact- Relationships with people in your household**

| <b>Sample Size</b>              | 1582       | 429                   | 371                 | 259                    | 522           |
|---------------------------------|------------|-----------------------|---------------------|------------------------|---------------|
|                                 | Total      | COVID-19 Impact Index |                     |                        |               |
|                                 |            | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| A lot better than six weeks ago | 4%         | 3%                    | 2%                  | 4%                     | 7%            |
| A little better                 | 20%        | 16%                   | 21%                 | 22%                    | 22%           |
| The same – no change            | 62%        | 57%                   | 59%                 | 67%                    | 64%           |
| A little worse                  | 12%        | 21%                   | 16%                 | 7%                     | 6%            |
| A lot worse than six weeks ago  | 2%         | 4%                    | 2%                  | *%                     | 1%            |
| <b>Net: Better</b>              | <b>24%</b> | <b>19%</b>            | <b>23%</b>          | <b>26%</b>             | <b>29%</b>    |
| <b>Net: Worse</b>               | <b>14%</b> | <b>24%</b>            | <b>18%</b>          | <b>7%</b>              | <b>6%</b>     |

**QC3. Impact- Relationships with friends and family outside your household**

| <b>Sample Size</b>                     | <b>1912</b>  | <b>507</b>                   | <b>452</b>                 | <b>303</b>                    | <b>650</b>           |
|--|--------------|------------------------------|----------------------------|-------------------------------|----------------------|
|  | <b>Total</b> | <b>COVID-19 Impact Index</b> |                            |                               |                      |
|  |              | <b>Hardest Hit</b>           | <b>Mentally Struggling</b> | <b>Financially Struggling</b> | <b>Managing Well</b> |
| <b>A lot better than six weeks ago</b> | 2%           | 1%                           | 1%                         | 1%                            | 4%                   |
| <b>A little better</b>                 | 9%           | 7%                           | 11%                        | 8%                            | 10%                  |
| <b>The same – no change</b>            | 57%          | 48%                          | 50%                        | 65%                           | 66%                  |
| <b>A little worse</b>                  | 25%          | 31%                          | 29%                        | 22%                           | 19%                  |
| <b>A lot worse than six weeks ago</b>  | 7%           | 12%                          | 10%                        | 4%                            | 2%                   |
| <b>Net: Better</b>                     | 11%          | 9%                           | 12%                        | 9%                            | 14%                  |
| <b>Net: Worse</b>                      | 32%          | 43%                          | 39%                        | 25%                           | 21%                  |



Q8c- Being impacted- Job loss ?

|              | Total | COVID-19 Impact Index |                     |                        |               |
|--------------|-------|-----------------------|---------------------|------------------------|---------------|
|              |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Major impact | 22%   | 41%                   | 10%                 | 37%                    | 9%            |
| Minor impact | 30%   | 36%                   | 24%                 | 40%                    | 24%           |
| No impact    | 48%   | 23%                   | 66%                 | 23%                    | 67%           |

Q8c- Being impacted- Loss of household income?

|              | Total | COVID-19 Impact Index |                     |                        |               |
|--------------|-------|-----------------------|---------------------|------------------------|---------------|
|              |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Major impact | 22%   | 42%                   | 6%                  | 41%                    | 8%            |
| Minor impact | 33%   | 44%                   | 28%                 | 48%                    | 21%           |
| No impact    | 45%   | 14%                   | 66%                 | 12%                    | 71%           |

Q8c- Being impacted- Loss of investment value?

|              | Total | COVID-19 Impact Index |                     |                        |               |
|--------------|-------|-----------------------|---------------------|------------------------|---------------|
|              |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Major impact | 30%   | 37%                   | 26%                 | 43%                    | 22%           |
| Minor impact | 34%   | 32%                   | 39%                 | 26%                    | 35%           |
| No impact    | 36%   | 30%                   | 35%                 | 32%                    | 43%           |

QC9. So far, have you or anyone in your household tried to access federal employment insurance benefits, known as EI or the Canada Emergency Response Benefit (CERB)?

|  | Total | COVID-19 Impact Index |                     |                        |               |
|--|-------|-----------------------|---------------------|------------------------|---------------|
|  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Yes – applied and received funds             | 23%   | 29%                   | 17%                 | 34%                    | 17%           |
| Yes – applied but haven't received funds yet | 9%    | 14%                   | 5%                  | 14%                    | 6%            |
| No – have not applied                        | 68%   | 57%                   | 79%                 | 52%                    | 78%           |
| Net: Yes                                     | 32%   | 43%                   | 21%                 | 48%                    | 22%           |

**QC10. which statement best describes the impact on you and your household during this economic downturn?**

| <b>Sample Size</b>                         | 606   | 219                   | 96                  | 146                    | 145           |
|--|-------|-----------------------|---------------------|------------------------|---------------|
|  | Total | COVID-19 Impact Index |                     |                        |               |
|  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| These programs are vital, a total lifeline | 38%   | 41%                   | 37%                 | 29%                    | 42%           |
| These programs help a lot                  | 35%   | 29%                   | 43%                 | 41%                    | 34%           |
| These programs help – but just a little    | 21%   | 26%                   | 14%                 | 23%                    | 16%           |
| These programs aren't of any help at all   | 3%    | 1%                    |                     | 5%                     | 4%            |
| Not sure/can't say                         | 3%    | 3%                    | 6%                  | 2%                     | 4%            |
| Net: Vital/ help a lot                     | 73%   | 70%                   | 80%                 | 70%                    | 76%           |
| Net: Help a little/ no help                | 24%   | 28%                   | 14%                 | 28%                    | 21%           |

QC10. [Rebase to All Respondents] which statement best describes the impact on you and your household during

| <b>Sample Size</b>                                | <b>1912</b>  | <b>507</b>                   | <b>452</b>                 | <b>303</b>                    | <b>650</b>           |
|---|--------------|------------------------------|----------------------------|-------------------------------|----------------------|
|   | <b>Total</b> | <b>COVID-19 Impact Index</b> |                            |                               |                      |
|   |              | <b>Hardest Hit</b>           | <b>Mentally Struggling</b> | <b>Financially Struggling</b> | <b>Managing Well</b> |
| <b>These programs are vital, a total lifeline</b> | 12%          | 18%                          | 8%                         | 14%                           | 9%                   |
| <b>These programs help a lot</b>                  | 11%          | 13%                          | 9%                         | 20%                           | 8%                   |
| <b>These programs help – but just a little</b>    | 7%           | 11%                          | 3%                         | 11%                           | 4%                   |
| <b>These programs aren't of any help at all</b>   | 1%           | 1%                           |                            | 2%                            | 1%                   |
| <b>Not sure/can't say</b>                         | 1%           | 1%                           | 1%                         | 1%                            | 1%                   |
| <b>No – have not applied</b>                      | 68%          | 57%                          | 79%                        | 52%                           | 78%                  |
| <b>Net: Vital/ help a lot</b>                     | 23%          | 30%                          | 17%                        | 34%                           | 17%                  |
| <b>Net: Help a little/ no help</b>                | 8%           | 12%                          | 3%                         | 14%                           | 5%                   |

QC13. Which is closest to your own point of view?

|   | Total | COVID-19 Impact Index |                     |                        |               |
|---|-------|-----------------------|---------------------|------------------------|---------------|
|   |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| It's time to start lifting some of the public restrictions imposed since the COVID-19 outbreak in my province | 17%   | 16%                   | 13%                 | 18%                    | 19%           |
| It's too soon to start lifting public restrictions imposed since the COVID-19 outbreak in my province         | 77%   | 77%                   | 81%                 | 75%                    | 74%           |
| Not Sure/Don't know   | 6%    | 7%                    | 6%                  | 6%                     | 6%            |

QC16. If you were a government decision maker, which point of view would carry more weight?

|   | Total | COVID-19 Impact Index |                     |                        |               |
|---|-------|-----------------------|---------------------|------------------------|---------------|
|   |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Public safety and health depends on continuing restrictions | 52%   | 56%                   | 58%                 | 44%                    | 49%           |
| Restricting business operations is harming the economy      | 9%    | 9%                    | 8%                  | 9%                     | 9%            |
| Both, equally   | 39%   | 36%                   | 33%                 | 47%                    | 42%           |



**Region**

|                  | Total | COVID-19 Impact Index |                     |                        |               |
|------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| British Columbia | 13%   | 13%                   | 12%                 | 16%                    | 13%           |
| Alberta          | 11%   | 13%                   | 11%                 | 14%                    | 9%            |
| Saskatchewan     | 3%    | 4%                    | 3%                  | 3%                     | 3%            |
| Manitoba         | 4%    | 3%                    | 4%                  | 3%                     | 4%            |
| Ontario          | 38%   | 40%                   | 40%                 | 39%                    | 34%           |
| Quebec           | 24%   | 18%                   | 22%                 | 22%                    | 31%           |
| Atlantic         | 7%    | 8%                    | 8%                  | 4%                     | 7%            |

Gender

|        | Total | COVID-19 Impact Index |                     |                        |               |
|--------|-------|-----------------------|---------------------|------------------------|---------------|
|        |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Male   | 47%   | 45%                   | 41%                 | 48%                    | 53%           |
| Female | 52%   | 55%                   | 59%                 | 51%                    | 45%           |
| Other  | 1%    | *%                    | 1%                  | 1%                     | 1%            |

Which of the following categories includes your age?

|            | Total | COVID-19 Impact Index |                     |                        |               |
|------------|-------|-----------------------|---------------------|------------------------|---------------|
|            |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| 18-24      | 7%    | 8%                    | 8%                  | 7%                     | 7%            |
| 25-34      | 21%   | 25%                   | 24%                 | 17%                    | 18%           |
| 35-44      | 18%   | 19%                   | 18%                 | 20%                    | 17%           |
| 45-54      | 16%   | 19%                   | 15%                 | 19%                    | 14%           |
| 55-64      | 19%   | 17%                   | 18%                 | 20%                    | 20%           |
| 65+        | 19%   | 13%                   | 17%                 | 17%                    | 25%           |
| Net: 18-34 | 28%   | 32%                   | 32%                 | 24%                    | 25%           |
| Net: 35-54 | 35%   | 38%                   | 33%                 | 39%                    | 30%           |
| Net: 55+   | 37%   | 29%                   | 35%                 | 36%                    | 45%           |

Gender-Age

|                | Total | COVID-19 Impact Index |                     |                        |               |
|----------------|-------|-----------------------|---------------------|------------------------|---------------|
|                |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Male 18-34     | 13%   | 16%                   | 13%                 | 10%                    | 13%           |
| Male 35-54     | 16%   | 17%                   | 13%                 | 20%                    | 16%           |
| Male 55+       | 17%   | 12%                   | 14%                 | 19%                    | 23%           |
| Female 18-34   | 15%   | 16%                   | 18%                 | 14%                    | 11%           |
| Female 35-54   | 18%   | 21%                   | 19%                 | 20%                    | 13%           |
| Female 55+     | 19%   | 17%                   | 21%                 | 17%                    | 21%           |
| Other (Gender) | 1%    | *%                    | 1%                  | 1%                     | 1%            |

QHHIncome. Which of the following categories best describes your total annual household income before taxes?

|                                  | Total | COVID-19 Impact Index |                     |                        |               |
|----------------------------------|-------|-----------------------|---------------------|------------------------|---------------|
|                                  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Under \$25,000                   | 10%   | 11%                   | 10%                 | 11%                    | 8%            |
| \$25,000 to less than \$50,000   | 18%   | 18%                   | 15%                 | 18%                    | 21%           |
| \$50,000 to less than \$100,000  | 30%   | 27%                   | 32%                 | 30%                    | 32%           |
| \$100,000 to less than \$150,000 | 17%   | 19%                   | 19%                 | 16%                    | 15%           |
| \$150,000 to less than \$200,000 | 8%    | 7%                    | 9%                  | 7%                     | 9%            |
| Over \$200,000                   | 4%    | 5%                    | 5%                  | 3%                     | 4%            |
| Don't know / Rather not say      | 12%   | 13%                   | 9%                  | 15%                    | 11%           |
| Net: <\$50K                      | 28%   | 29%                   | 25%                 | 29%                    | 28%           |
| Net: \$50K-<\$100K               | 30%   | 27%                   | 32%                 | 30%                    | 32%           |
| Net: \$100K+                     | 30%   | 31%                   | 33%                 | 26%                    | 28%           |

What is the highest level of education that you yourself completed?

|  | Total | COVID-19 Impact Index |                     |                        |               |
|--|-------|-----------------------|---------------------|------------------------|---------------|
|  |       | Hardest Hit           | Mentally Struggling | Financially Struggling | Managing Well |
| Some elementary or high school                               | 3%    | 4%                    | 2%                  | 4%                     | 3%            |
| High school graduate   | 16%   | 18%                   | 13%                 | 17%                    | 18%           |
| Some college/trade school                                    | 18%   | 18%                   | 20%                 | 17%                    | 18%           |
| Graduated from college/trade school                          | 25%   | 26%                   | 22%                 | 24%                    | 26%           |
| Some university  | 7%    | 5%                    | 7%                  | 8%                     | 7%            |
| University undergraduate degree, such as a Bachelor's Degree | 22%   | 20%                   | 24%                 | 23%                    | 20%           |
| University graduate degree, such as a Master's or PhD        | 9%    | 8%                    | 12%                 | 7%                     | 8%            |
| Net: <=HS  | 38%   | 40%                   | 35%                 | 38%                    | 39%           |
| Net: College/Trade school                                    | 32%   | 32%                   | 29%                 | 32%                    | 33%           |
| Net: Univ+   | 30%   | 29%                   | 36%                 | 30%                    | 28%           |

