## SQ1. [Very satisfied/ satisfied] Please indicate your own personal level of satisfaction with each of the following:

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your own personal happiness and contentment with your life</td>
<td>81%</td>
<td>77%</td>
<td>83%</td>
<td>81%</td>
<td>84%</td>
</tr>
<tr>
<td>The overall quality of life in the community where you live</td>
<td>87%</td>
<td>85%</td>
<td>89%</td>
<td>86%</td>
<td>87%</td>
</tr>
<tr>
<td>The way things are going in Canada today</td>
<td>50%</td>
<td>50%</td>
<td>49%</td>
<td>50%</td>
<td>48%</td>
</tr>
</tbody>
</table>

## SQ1. [Dissatisfied/ very dissatisfied] Please indicate your own personal level of satisfaction with each of the following:

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your own personal happiness and contentment with your life</td>
<td>19%</td>
<td>23%</td>
<td>17%</td>
<td>19%</td>
<td>16%</td>
</tr>
<tr>
<td>The overall quality of life in the community where you live</td>
<td>13%</td>
<td>15%</td>
<td>11%</td>
<td>14%</td>
<td>13%</td>
</tr>
<tr>
<td>The way things are going in Canada today</td>
<td>50%</td>
<td>50%</td>
<td>51%</td>
<td>50%</td>
<td>52%</td>
</tr>
</tbody>
</table>

All sample sizes, including column totals, are weighted to census data. Cells containing “*%” are statistically zero, though at least one response was received. Blank cells indicate zero responses received. Sample sizes below 100 should be interpreted with caution.
## SQ1. Satisfaction- The way things are going in Canada today

<table>
<thead>
<tr>
<th></th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very satisfied</td>
<td>6%</td>
<td>7%</td>
<td>5%</td>
<td>4%</td>
</tr>
<tr>
<td>Satisfied</td>
<td>44%</td>
<td>43%</td>
<td>45%</td>
<td>46%</td>
</tr>
<tr>
<td>Dissatisfied</td>
<td>38%</td>
<td>38%</td>
<td>39%</td>
<td>37%</td>
</tr>
<tr>
<td>Very dissatisfied</td>
<td>13%</td>
<td>12%</td>
<td>12%</td>
<td>13%</td>
</tr>
<tr>
<td>Net: Satisfied</td>
<td>50%</td>
<td>50%</td>
<td>49%</td>
<td>50%</td>
</tr>
<tr>
<td>Net: Dissatisfied</td>
<td>50%</td>
<td>50%</td>
<td>51%</td>
<td>50%</td>
</tr>
</tbody>
</table>

## SQ1. Satisfaction- The overall quality of life in the community where you live

<table>
<thead>
<tr>
<th></th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very satisfied</td>
<td>24%</td>
<td>24%</td>
<td>23%</td>
<td>20%</td>
</tr>
<tr>
<td>Satisfied</td>
<td>64%</td>
<td>61%</td>
<td>66%</td>
<td>66%</td>
</tr>
<tr>
<td>Dissatisfied</td>
<td>12%</td>
<td>14%</td>
<td>10%</td>
<td>11%</td>
</tr>
<tr>
<td>Very dissatisfied</td>
<td>1%</td>
<td>1%</td>
<td>*%</td>
<td>2%</td>
</tr>
<tr>
<td>Net: Satisfied</td>
<td>87%</td>
<td>85%</td>
<td>89%</td>
<td>86%</td>
</tr>
<tr>
<td>Net: Dissatisfied</td>
<td>13%</td>
<td>15%</td>
<td>11%</td>
<td>14%</td>
</tr>
</tbody>
</table>

## SQ1. Satisfaction- Your own personal happiness and contentment with your life

<table>
<thead>
<tr>
<th></th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very satisfied</td>
<td>20%</td>
<td>21%</td>
<td>17%</td>
<td>22%</td>
</tr>
<tr>
<td>Satisfied</td>
<td>61%</td>
<td>56%</td>
<td>65%</td>
<td>59%</td>
</tr>
<tr>
<td>Dissatisfied</td>
<td>16%</td>
<td>21%</td>
<td>15%</td>
<td>17%</td>
</tr>
<tr>
<td>Very dissatisfied</td>
<td>3%</td>
<td>3%</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>Net: Satisfied</td>
<td>81%</td>
<td>77%</td>
<td>83%</td>
<td>81%</td>
</tr>
<tr>
<td>Net: Dissatisfied</td>
<td>19%</td>
<td>23%</td>
<td>17%</td>
<td>19%</td>
</tr>
</tbody>
</table>
### SQ2. Do you believe that God or higher power exists?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
<td>Spiritually Uncertain</td>
</tr>
<tr>
<td>Yes, I definitely do believe</td>
<td>29%</td>
<td>3%</td>
</tr>
<tr>
<td>Yes, I think so</td>
<td>26%</td>
<td>44%</td>
</tr>
<tr>
<td>No, I don't think so</td>
<td>25%</td>
<td>33%</td>
</tr>
<tr>
<td>No, I definitely do not believe</td>
<td>21%</td>
<td>67%</td>
</tr>
<tr>
<td>Net: Yes</td>
<td>54%</td>
<td>46%</td>
</tr>
<tr>
<td>Net: No</td>
<td>46%</td>
<td>100%</td>
</tr>
</tbody>
</table>

### SQ3. Do you believe in life after death?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
<td>Spiritually Uncertain</td>
</tr>
<tr>
<td>Yes, I definitely do believe</td>
<td>24%</td>
<td>1%</td>
</tr>
<tr>
<td>Yes, I think so</td>
<td>28%</td>
<td>10%</td>
</tr>
<tr>
<td>No, I don't think so</td>
<td>31%</td>
<td>39%</td>
</tr>
<tr>
<td>No, I definitely do not believe</td>
<td>17%</td>
<td>50%</td>
</tr>
<tr>
<td>Net: Yes</td>
<td>51%</td>
<td>11%</td>
</tr>
<tr>
<td>Net: No</td>
<td>49%</td>
<td>89%</td>
</tr>
</tbody>
</table>

### SQ4. How often, if at all, do you: Pray to God or some higher power?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
<td>Spiritually Uncertain</td>
</tr>
<tr>
<td>Everyday</td>
<td>15%</td>
<td>*%</td>
</tr>
<tr>
<td>A few times a week</td>
<td>7%</td>
<td>*%</td>
</tr>
<tr>
<td>Once a week or so</td>
<td>5%</td>
<td>*%</td>
</tr>
<tr>
<td>Once or twice a month</td>
<td>5%</td>
<td>*%</td>
</tr>
<tr>
<td>A few times a year</td>
<td>8%</td>
<td>*%</td>
</tr>
<tr>
<td>Only rarely</td>
<td>19%</td>
<td>6%</td>
</tr>
<tr>
<td>Never</td>
<td>41%</td>
<td>93%</td>
</tr>
</tbody>
</table>
SQ4. How often, if at all, do you: Attend religious services (other than weddings or funerals)?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyday</td>
<td>*%</td>
<td>*%</td>
<td>3%</td>
<td>*%</td>
<td>5%</td>
<td>43%</td>
</tr>
<tr>
<td>A few times a week</td>
<td>2%</td>
<td>7%</td>
<td>*%</td>
<td>*%</td>
<td>4%</td>
<td>11%</td>
</tr>
<tr>
<td>Once a week or so</td>
<td>8%</td>
<td>*%</td>
<td>5%</td>
<td>*%</td>
<td>4%</td>
<td>11%</td>
</tr>
<tr>
<td>Once or twice a month</td>
<td>3%</td>
<td>*%</td>
<td>4%</td>
<td>*%</td>
<td>19%</td>
<td>20%</td>
</tr>
<tr>
<td>A few times a year</td>
<td>10%</td>
<td>7%</td>
<td>19%</td>
<td>20%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Only rarely</td>
<td>26%</td>
<td>35%</td>
<td>41%</td>
<td>5%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>51%</td>
<td>57%</td>
<td>31%</td>
<td>3%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SQ4. How often, if at all, do you: Feel you experience God’s presence?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyday</td>
<td>15%</td>
<td>*%</td>
<td>26%</td>
<td>61%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A few times a week</td>
<td>4%</td>
<td>*%</td>
<td>7%</td>
<td>17%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once a week or so</td>
<td>3%</td>
<td>*%</td>
<td>7%</td>
<td>9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once or twice a month</td>
<td>3%</td>
<td>1%</td>
<td>10%</td>
<td>6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A few times a year</td>
<td>7%</td>
<td>5%</td>
<td>19%</td>
<td>5%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Only rarely</td>
<td>19%</td>
<td>33%</td>
<td>24%</td>
<td>2%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>49%</td>
<td>61%</td>
<td>7%</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SQ4. How often, if at all, do you: Read the Bible, Quran, or other sacred text?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Spectrum</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyday</td>
<td>4%</td>
<td>1%</td>
<td>26%</td>
<td>23%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A few times a week</td>
<td>4%</td>
<td>*%</td>
<td>*%</td>
<td>23%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once a week or so</td>
<td>2%</td>
<td>*%</td>
<td>2%</td>
<td>11%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once or twice a month</td>
<td>2%</td>
<td>*%</td>
<td>2%</td>
<td>10%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A few times a year</td>
<td>5%</td>
<td>3%</td>
<td>10%</td>
<td>12%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Only rarely</td>
<td>20%</td>
<td>19%</td>
<td>40%</td>
<td>14%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>63%</td>
<td>77%</td>
<td>46%</td>
<td>4%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
SQ5. How would you describe yourself when it comes to the whole area of personal faith or spirituality?

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Sample (Do not believe in God or higher power)</td>
<td>697</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>You do not have any feelings of faith or spirituality</td>
<td>54%</td>
</tr>
<tr>
<td>Have some/at some times</td>
<td>35%</td>
</tr>
<tr>
<td>You do have feelings of faith or spirituality in your life</td>
<td>12%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Sample</td>
<td>1525</td>
</tr>
</tbody>
</table>

SQ5. Rebase to All respondents- How would you describe yourself when it comes to the whole area of personal faith or spirituality?

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>You do not have any feelings of faith or spirituality</td>
<td>24%</td>
</tr>
<tr>
<td>Have some/at some times</td>
<td>16%</td>
</tr>
<tr>
<td>You do have feelings of faith or spirituality in your life</td>
<td>5%</td>
</tr>
<tr>
<td>Believe in God</td>
<td>54%</td>
</tr>
</tbody>
</table>
SQ6. Do you ever think of yourself as part of a religious tradition?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christian</td>
<td>55%</td>
<td>20%</td>
<td>55%</td>
<td>73%</td>
<td>89%</td>
</tr>
<tr>
<td>Jewish</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
<td>%</td>
<td>%</td>
</tr>
<tr>
<td>Muslim</td>
<td>1%</td>
<td>*%</td>
<td>1%</td>
<td>1%</td>
<td>5%</td>
</tr>
<tr>
<td>Other non-Christian</td>
<td>5%</td>
<td>3%</td>
<td>5%</td>
<td>7%</td>
<td>3%</td>
</tr>
<tr>
<td>No, none of these</td>
<td>38%</td>
<td>76%</td>
<td>38%</td>
<td>19%</td>
<td>3%</td>
</tr>
<tr>
<td>Net: Christian/Jewish/Muslim</td>
<td>57%</td>
<td>21%</td>
<td>57%</td>
<td>74%</td>
<td>94%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample (No, none of these in SQ6)</td>
<td>578</td>
<td>284</td>
<td>226</td>
<td>60</td>
<td>7</td>
</tr>
</tbody>
</table>

SQ7. Would you say you are:

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agnostic</td>
<td>20%</td>
<td>16%</td>
<td>29%</td>
<td>8%</td>
<td>%</td>
</tr>
<tr>
<td>Atheist</td>
<td>34%</td>
<td>52%</td>
<td>22%</td>
<td>%</td>
<td>2%</td>
</tr>
<tr>
<td>Nothing in particular</td>
<td>32%</td>
<td>28%</td>
<td>%</td>
<td>36%</td>
<td>37%</td>
</tr>
<tr>
<td>Something else</td>
<td>14%</td>
<td>5%</td>
<td>13%</td>
<td>53%</td>
<td>100%</td>
</tr>
</tbody>
</table>
### SQ6/SQ7. Do you ever think of yourself as part of a religious tradition?

<table>
<thead>
<tr>
<th></th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christian</td>
<td>55%</td>
<td>20%</td>
<td>55%</td>
<td>73%</td>
</tr>
<tr>
<td>Jewish</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>Muslim</td>
<td>1%</td>
<td>*%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>Other non-Christian</td>
<td>5%</td>
<td>3%</td>
<td>5%</td>
<td>7%</td>
</tr>
<tr>
<td>Agnostic</td>
<td>8%</td>
<td>12%</td>
<td>11%</td>
<td>2%</td>
</tr>
<tr>
<td>Atheist</td>
<td>13%</td>
<td>39%</td>
<td>8%</td>
<td>*%</td>
</tr>
<tr>
<td>Nothing in particular</td>
<td>12%</td>
<td>21%</td>
<td>14%</td>
<td>7%</td>
</tr>
<tr>
<td>Something else</td>
<td>5%</td>
<td>4%</td>
<td>5%</td>
<td>10%</td>
</tr>
<tr>
<td>Net: Christian/Jewish/Muslim</td>
<td>57%</td>
<td>21%</td>
<td>57%</td>
<td>74%</td>
</tr>
</tbody>
</table>

### SQ8. The coronavirus outbreak in Canada and around the world has caused people to react in different ways. Would you say you are personally: Praying?

<table>
<thead>
<tr>
<th></th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doing this more than usual</td>
<td>22%</td>
<td>5%</td>
<td>9%</td>
<td>25%</td>
</tr>
<tr>
<td>Doing this about the same amount as usual</td>
<td>71%</td>
<td>86%</td>
<td>76%</td>
<td>71%</td>
</tr>
<tr>
<td>Doing this less than usual</td>
<td>7%</td>
<td>9%</td>
<td>15%</td>
<td>5%</td>
</tr>
</tbody>
</table>
SQ8. The coronavirus outbreak in Canada and around the world has caused people to react in different ways. Would you say you are personally: Reading a sacred text?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doing this more than usual</td>
<td>8%</td>
<td>2%</td>
<td>6%</td>
<td>18%</td>
</tr>
<tr>
<td>Doing this about the same amount as usual</td>
<td>72%</td>
<td>74%</td>
<td>68%</td>
<td>74%</td>
</tr>
<tr>
<td>Doing this less than usual</td>
<td>20%</td>
<td>26%</td>
<td>30%</td>
<td>20%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample</td>
<td>1525</td>
<td>373</td>
<td>597</td>
<td>316</td>
</tr>
</tbody>
</table>

SQ8. [All Respondents] The coronavirus outbreak in Canada and around the world has caused people to react in different ways. Would you say you are personally: Praying?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doing this more than usual</td>
<td>13%</td>
<td>*%</td>
<td>5%</td>
<td>24%</td>
</tr>
<tr>
<td>Doing this about the same amount as usual</td>
<td>42%</td>
<td>6%</td>
<td>43%</td>
<td>66%</td>
</tr>
<tr>
<td>Doing this less than usual</td>
<td>4%</td>
<td>1%</td>
<td>8%</td>
<td>5%</td>
</tr>
<tr>
<td>Never pray</td>
<td>41%</td>
<td>93%</td>
<td>44%</td>
<td>4%</td>
</tr>
</tbody>
</table>
SQ8. [All respondents] The coronavirus outbreak in Canada and around the world has caused people to react in different ways. Would you say you are personally: Reading a sacred text?

<table>
<thead>
<tr>
<th>Sample (Exclude never pray)</th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Doing this more than usual</td>
<td>5%</td>
<td>1%</td>
</tr>
<tr>
<td>Doing this about the same amount as usual</td>
<td>43%</td>
<td>5%</td>
</tr>
<tr>
<td>Doing this less than usual</td>
<td>12%</td>
<td>2%</td>
</tr>
<tr>
<td>Never pray</td>
<td>41%</td>
<td>93%</td>
</tr>
</tbody>
</table>

SQ9. And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Loneliness/Isolation?

<table>
<thead>
<tr>
<th>Helped a lot</th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Helped a lot</td>
<td>23%</td>
<td>2%</td>
</tr>
<tr>
<td>Helped a little</td>
<td>40%</td>
<td>14%</td>
</tr>
<tr>
<td>Haven’t helped at all</td>
<td>36%</td>
<td>86%</td>
</tr>
<tr>
<td>Net: Helped a lot/ helped a little</td>
<td>64%</td>
<td>14%</td>
</tr>
</tbody>
</table>
SQ9. And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Fear/Anxiety?

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Helped a lot</td>
<td>27%</td>
</tr>
<tr>
<td>Helped a little</td>
<td>40%</td>
</tr>
<tr>
<td>Haven’t helped at all</td>
<td>33%</td>
</tr>
<tr>
<td>Net: Helped a lot/ helped a little</td>
<td>67%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Helped a lot</td>
<td>24%</td>
</tr>
<tr>
<td>Helped a little</td>
<td>41%</td>
</tr>
<tr>
<td>Haven’t helped at all</td>
<td>36%</td>
</tr>
<tr>
<td>Net: Helped a lot/ helped a little</td>
<td>64%</td>
</tr>
</tbody>
</table>

SQ9. And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Grief/Anger?

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Helped a lot</td>
<td>25%</td>
</tr>
<tr>
<td>Helped a little</td>
<td>38%</td>
</tr>
<tr>
<td>Haven’t helped at all</td>
<td>36%</td>
</tr>
<tr>
<td>Net: Helped a lot/ helped a little</td>
<td>64%</td>
</tr>
</tbody>
</table>

SQ9. And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Depression/Hopelessness?

<table>
<thead>
<tr>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Helped a lot</td>
<td>25%</td>
</tr>
<tr>
<td>Helped a little</td>
<td>38%</td>
</tr>
<tr>
<td>Haven’t helped at all</td>
<td>36%</td>
</tr>
<tr>
<td>Net: Helped a lot/ helped a little</td>
<td>64%</td>
</tr>
<tr>
<td></td>
<td>Total</td>
</tr>
<tr>
<td>------------------------</td>
<td>-------</td>
</tr>
<tr>
<td><strong>Helped a lot</strong></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>14%</td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
</tr>
<tr>
<td><strong>Helped a little</strong></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>24%</td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
</tr>
<tr>
<td><strong>Haven't helped at all</strong></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>21%</td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Never prayed</strong></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>41%</td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
</tr>
</tbody>
</table>

**SQ9. [All Respondents] And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Loneliness/Isolation?**

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Helped a lot</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>16%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>1%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Helped a little</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>24%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>1%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Haven't helped at all</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>19%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>6%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
<td>40%</td>
<td></td>
<td>1%</td>
<td>21%</td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
<td>40%</td>
<td></td>
<td>1%</td>
<td>21%</td>
</tr>
<tr>
<td><strong>Never prayed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>41%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>93%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td>44%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SQ9. [All Respondents] And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Fear/Anxiety ?**

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Helped a lot</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>14%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>1%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Helped a little</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>24%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>1%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Haven’t helped at all</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>21%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>6%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
<td>38%</td>
<td></td>
<td>1%</td>
<td>19%</td>
</tr>
<tr>
<td><strong>Net: Helped a lot/ helped a little</strong></td>
<td></td>
<td>38%</td>
<td></td>
<td>1%</td>
<td>19%</td>
</tr>
<tr>
<td><strong>Never prayed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non-religious</td>
<td>41%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spiritually Uncertain</td>
<td></td>
<td>93%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Privately Faithful</td>
<td></td>
<td>44%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religiously Committed</td>
<td></td>
<td>4%</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SQ9. [All Respondents] And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Grief/Anger?**
SQ9. [All Respondents]  And regardless of how much you’ve been praying, to what extent have your prayers helped you deal with Depression/Hopelessness?

<table>
<thead>
<tr>
<th>Helped a lot</th>
<th>Helped a little</th>
<th>Haven’t helped at all</th>
<th>Net: Helped a lot/ helped a little</th>
<th>Never prayed</th>
</tr>
</thead>
<tbody>
<tr>
<td>15%</td>
<td>23%</td>
<td>21%</td>
<td>38%</td>
<td>41%</td>
</tr>
<tr>
<td>1%</td>
<td>1%</td>
<td>6%</td>
<td>1%</td>
<td>93%</td>
</tr>
<tr>
<td>23%</td>
<td>17%</td>
<td>38%</td>
<td>18%</td>
<td>44%</td>
</tr>
<tr>
<td>62%</td>
<td>33%</td>
<td>5%</td>
<td>95%</td>
<td>*%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>15%</td>
<td>1%</td>
<td>23%</td>
<td>62%</td>
</tr>
<tr>
<td>23%</td>
<td>1%</td>
<td>17%</td>
<td>33%</td>
</tr>
<tr>
<td>21%</td>
<td>6%</td>
<td>38%</td>
<td>5%</td>
</tr>
<tr>
<td>38%</td>
<td>1%</td>
<td>18%</td>
<td>75%</td>
</tr>
<tr>
<td>41%</td>
<td>93%</td>
<td>44%</td>
<td>95%</td>
</tr>
</tbody>
</table>

SQ10. In the last month or so, please indicate if you have done any of the actions below instead of attending a house of worship:

<table>
<thead>
<tr>
<th>Prayed at home on your own, just relying on scripture or holy texts</th>
<th>Followed a religious service online</th>
<th>Used an app for prayer, religious guidance or meditation</th>
<th>Prayed with family/other members of your faith using video chat (Skype, Zoom, etc.)</th>
<th>Spoken to a priest, cleric or other religious leader over the phone</th>
<th>Other (Specify):</th>
<th>None of the above</th>
</tr>
</thead>
<tbody>
<tr>
<td>33%</td>
<td>26%</td>
<td>10%</td>
<td>8%</td>
<td>7%</td>
<td>5%</td>
<td>50%</td>
</tr>
<tr>
<td>5%</td>
<td>5%</td>
<td>3%</td>
<td>1%</td>
<td>4%</td>
<td>1%</td>
<td>100%</td>
</tr>
<tr>
<td>27%</td>
<td>12%</td>
<td>5%</td>
<td>4%</td>
<td>4%</td>
<td>6%</td>
<td>86%</td>
</tr>
<tr>
<td>71%</td>
<td>63%</td>
<td>25%</td>
<td>21%</td>
<td>17%</td>
<td>8%</td>
<td>54%</td>
</tr>
<tr>
<td>5%</td>
<td>1%</td>
<td>6%</td>
<td>8%</td>
<td>3%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
SQ10. [All Respondents] In the last month or so, please indicate if you have done any of the actions below instead of attending a house of worship:

<table>
<thead>
<tr>
<th>Action</th>
<th>Total</th>
<th>Spectrum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Non-religious</td>
</tr>
<tr>
<td>Prayed at home on your own, just relying on scripture or holy texts</td>
<td>16%</td>
<td>2%</td>
</tr>
<tr>
<td>Followed a religious service online</td>
<td>12%</td>
<td>2%</td>
</tr>
<tr>
<td>Used an app for prayer, religious guidance or meditation</td>
<td>5%</td>
<td>1%</td>
</tr>
<tr>
<td>Prayed with family/other members of your faith using video chat</td>
<td>4%</td>
<td>*%</td>
</tr>
<tr>
<td>Spoken to a priest, cleric or other religious leader over the phone</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Other (Specify):</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>None of the above</td>
<td>24%</td>
<td>3%</td>
</tr>
</tbody>
</table>
| No religion/ Never pray                                                | 51%   | 97%           | 58%                  | 21%              | 3%
SQ11. To what extent will this upcoming holy period be more or less meaningful for you, given that your house of worship is closed?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample</td>
<td>875</td>
<td>78</td>
<td>338</td>
<td>234</td>
</tr>
</tbody>
</table>

SQ11. [All Respondents] To what extent will this upcoming holy period be more or less meaningful for you, given that your house of worship is closed?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample</td>
<td>1525</td>
<td>373</td>
<td>597</td>
<td>316</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>More meaningful</td>
<td>13%</td>
<td>4%</td>
<td>9%</td>
<td>35%</td>
</tr>
<tr>
<td>The same as always</td>
<td>74%</td>
<td>81%</td>
<td>77%</td>
<td>82%</td>
</tr>
<tr>
<td>Less meaningful</td>
<td>13%</td>
<td>19%</td>
<td>19%</td>
<td>9%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>More meaningful</td>
<td>7%</td>
<td>2%</td>
<td>7%</td>
<td>33%</td>
</tr>
<tr>
<td>The same as always</td>
<td>42%</td>
<td>17%</td>
<td>44%</td>
<td>61%</td>
</tr>
<tr>
<td>Less meaningful</td>
<td>8%</td>
<td>4%</td>
<td>11%</td>
<td>6%</td>
</tr>
<tr>
<td>Not Christian/Jewish/Muslim</td>
<td>43%</td>
<td>79%</td>
<td>43%</td>
<td>26%</td>
</tr>
</tbody>
</table>
SQ12. How are you planning to mark or celebrate your upcoming holy period?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pray at home on your own, just relying on scripture or holy texts</td>
<td>27%</td>
<td>5%</td>
<td>28%</td>
<td>67%</td>
</tr>
<tr>
<td>Follow a religious service online</td>
<td>25%</td>
<td>1%</td>
<td>5%</td>
<td>20%</td>
</tr>
<tr>
<td>Pray with family/other members of your faith using video chat (Skype, Zoom, etc.)</td>
<td>9%</td>
<td>1%</td>
<td>4%</td>
<td>7%</td>
</tr>
<tr>
<td>Use an app for prayer, religious guidance or meditation</td>
<td>7%</td>
<td>1%</td>
<td>6%</td>
<td>21%</td>
</tr>
<tr>
<td>Speak to a priest, cleric or other religious leader over the phone</td>
<td>2%</td>
<td>2%</td>
<td>5%</td>
<td></td>
</tr>
<tr>
<td>Other (Specify):</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>5%</td>
</tr>
<tr>
<td>None of the above</td>
<td>52%</td>
<td>91%</td>
<td>81%</td>
<td>45%</td>
</tr>
</tbody>
</table>
SQ12. [all Respondents] How are you planning to mark or celebrate your upcoming holy period?

<table>
<thead>
<tr>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pray at home on your own, just relying on scripture or holy texts</td>
<td>15%</td>
<td>3%</td>
<td>21%</td>
<td>63%</td>
</tr>
<tr>
<td>Follow a religious service online</td>
<td>14%</td>
<td>*%</td>
<td>3%</td>
<td>15%</td>
</tr>
<tr>
<td>Pray with family/other members of your faith using video chat (Skype, Zoom, etc.)</td>
<td>5%</td>
<td>*%</td>
<td>2%</td>
<td>5%</td>
</tr>
<tr>
<td>Use an app for prayer, religious guidance or meditation</td>
<td>4%</td>
<td>*%</td>
<td>4%</td>
<td>20%</td>
</tr>
<tr>
<td>Speak to a priest, cleric or other religious leader over the phone</td>
<td>1%</td>
<td>1%</td>
<td>4%</td>
<td></td>
</tr>
<tr>
<td>Other (Specify):</td>
<td>4%</td>
<td>2%</td>
<td>4%</td>
<td>3%</td>
</tr>
<tr>
<td>None of the above</td>
<td>30%</td>
<td>19%</td>
<td>46%</td>
<td>33%</td>
</tr>
<tr>
<td>Not Christian/Jewish/Muslim</td>
<td>43%</td>
<td>79%</td>
<td>43%</td>
<td>26%</td>
</tr>
</tbody>
</table>
SQ13. What best describes your own experience in the last month or so?

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Non-religious</th>
<th>Spiritually Uncertain</th>
<th>Privately Faithful</th>
<th>Religiously Committed</th>
</tr>
</thead>
<tbody>
<tr>
<td>I or someone in my household has been helped by a faith institution</td>
<td>5%</td>
<td>2%</td>
<td>2%</td>
<td>5%</td>
<td>19%</td>
</tr>
<tr>
<td>A family member or friend outside my household has been helped</td>
<td>14%</td>
<td>8%</td>
<td>13%</td>
<td>16%</td>
<td>24%</td>
</tr>
<tr>
<td>Neither I nor any friends or family outside my household have had this kind of help</td>
<td>81%</td>
<td>90%</td>
<td>86%</td>
<td>79%</td>
<td>57%</td>
</tr>
<tr>
<td>Net: Yes</td>
<td>19%</td>
<td>10%</td>
<td>14%</td>
<td>21%</td>
<td>43%</td>
</tr>
</tbody>
</table>