			Tim	ne spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Regional sample sizes are unweighted. All other sample sizes, including column totals, are weighted to census data. Cells containing "\*%" are statistically zero, though at least one response was received. Blank cells indicate zero responses received. \* indicates small sample size, and results should be interpreted with caution.

QB. How many children aged 2 to 12 do you have?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
One	55%	51%	48%	57%	63%	66%	69%	54%	54%	55%	54%	55%
Two	35%	38%	88% 40% 34% 29% 28%					39%	36%	34%	36%	34%
Three or more	10%	11%	12%	9%	8%	6%	9%	7%	10%	11%	10%	11%

## Child's Gender

				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Е	Boy	51%	50%	50%	51%	57%	49%	51%	57%	50%	52%	50%	52%
G	Girl	49%	50%	50%	49%	43%	51%	49%	43%	50%	48%	50%	48%

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
2 years old	11%	15%	14%	9%	10%	11%	9%	20%	14%	8%	14%	8%
3 years old	9%	11%	9%	8%	9%	8%	7%	5%	9%	9%	9%	9%
4 years old	9%	12%	8%	7%	11%	10%	5%	16%	9%	8%	9%	8%
5 years old	7%	10%	7%	5%	7%	10%	13%	11%	8%	6%	8%	6%
6 years old	10%	10%	10%	9%	9%	8%	12%	4%	10%	9%	10%	9%
7 years old	8%	12%	9%	8%	6%	5%	2%	3%	8%	8%	8%	8%
8 years old	10%	12%	11%	10%	7%	7%	7%	16%	10%	10%	10%	10%
9 years old	9%	8%	8%	10%	9%	4%	9%	6%	7%	11%	7%	11%
10 years old	9%	4%	9%	11%	11%	11%	8%	4%	9%	10%	9%	10%
11 years old	9%	4%	7%	11%	11%	7%	12%	5%	8%	10%	8%	10%
12 years old	10%	3%	7%	12%	11%	20%	16%	8%	8%	11%	8%	11%
Net: 2-5 years old	36%	47%	39%	29%	37%	39%	34%	53%	40%	31%	41%	31%
Net: 6-9 years old	36%	42%	38%	37%	31%	24%	30%	30%	35%	38%	35%	38%
Net: 10-12 years old	27%	11%	23%	33%	33%	38%	36%	17%	25%	31%	25%	31%

## Q1. To begin, which of the following do you have (in working order) in your own household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Desktop computer	49%	45%	48%	50%	49%	51%	51%	59%	49%	49%	49%	49%
Laptop computer	78%	76%	79%	78%	77%	74%	81%	60%	79%	78%	78%	78%
Tablet (such as iPad or Galaxy Note)	78%	75%	79%	80%	74%	73%	84%	67%	76%	80%	76%	80%
A kid's tablet (such as LeapPad or KidiBuzz)	22%	21%	22%	21%	28%	22%	24%	16%	22%	23%	21%	23%
Smartphone (such as an iPhone or an android)	90%	88%	92%	92%	88%	83%	80%	73%	88%	93%	87%	93%
Television - attached to traditional cable	54%	41%	55%	59%	51%	52%	57%	43%	53%	55%	53%	55%
Television - accessing streaming services (such as Netflix, Crave TV etc.)	74%	69%	78%	74%	76%	74%	62%	56%	74%	76%	73%	76%
Digital home assistant (such as Amazon Echo or Google Home)	20%	19%	19%	20%	18%	23%	35%	13%	19%	21%	19%	21%
Gaming console (such as X-Box or PlayStation)	66%	49%	71%	70%	65%	62%	65%	59%	64%	70%	63%	70%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1076	123	327	378	150	55*	33*	38*	545	492	583	492

Q2. [Desktop computer] How much do you yourself use each of these things in your household?

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	12%	15%	10%	12%	13%	8%	9%	28%	10%	12%	12%	12%
Less often than once a week	21%	23%	26%	19%	18%	10%	20%	15%	20%	23%	19%	23%
Roughly once a week	12%	10%	10%	17%	10%	12%	5%	8%	10%	16%	10%	16%
Few times a week	14%	16%	13%	13%	17%	18%	13%	5%	15%	15%	14%	15%
Daily	22%	23%	22%	19%	22%	28%	27%	27%	22%	21%	23%	21%
Many times per day	19%	13%	18%	20%	20%	24%	26%	17%	23%	15%	23%	15%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
1	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Desktop computer-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	51%	55%	52%	50%	51%	49%	49%	41%	51%	51%	51%	51%
Never/Do not use	6%	7%	5%	6%	7%	4%	4%	17%	5%	6%	6%	6%
Less often than once a week	10%	10%	13%	9%	9%	5%	10%	9%	10%	11%	10%	11%
Roughly once a week	6%	4%	5%	8%	5%	6%	3%	5%	5%	8%	5%	8%
Few times a week	7%	7%	7%	7%	8%	9%	7%	3%	7%	7%	7%	7%
Daily	11%	10%	11%	10%	11%	14%	14%	16%	11%	10%	11%	10%
Many times per day	9%	6%	9%	10%	10%	12%	13%	10%	11%	7%	11%	7%

				Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sa	ımple	1715	209	536	591	232	80*	53*	39*	884	792	923	792

Q2. [Laptop computer] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	6%	7%	6%	6%	5%	6%	3%		5%	7%	5%	7%
Less often than once a week	17%	18%	20%	16%	15%	12%	11%	14%	17%	17%	17%	17%
Roughly once a week	11%	10%	13%	14%	6%	9%	3%	15%	11%	12%	11%	12%
Few times a week	20%	25%	18%	20%	21%	22%	12%	15%	19%	21%	19%	21%
Daily	27%	27%	28%	26%	29%	31%	34%	38%	29%	25%	29%	25%
Many times per day	18%	13%	15%	19%	24%	20%	37%	18%	19%	18%	19%	18%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr		2-4 hours	4-6 hours		8/more than 8	spend more	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Laptop computer-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	22%	24%	21%	22%	23%	26%	19%	40%	21%	22%	22%	22%
Never/Do not use	5%	5%	5%	5%	4%	4%	2%		4%	5%	4%	5%
Less often than once a week	13%	14%	15%	12%	11%	9%	9%	9%	13%	13%	13%	13%
Roughly once a week	9%	8%	11%	11%	4%	7%	3%	9%	8%	10%	8%	10%
Few times a week	16%	19%	15%	15%	16%	17%	10%	9%	15%	16%	15%	16%
Daily	21%	21%	22%	20%	22%	23%	28%	23%	23%	20%	23%	20%
Many times per day	14%	10%	12%	15%	19%	15%	30%	11%	15%	14%	15%	14%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1707	204	533	604	224	79*	55*	44*	856	807	900	807

Q2. [Tablet] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	16%	12%	14%	19%	13%	18%	15%	15%	14%	17%	14%	17%
Less often than once a week	20%	24%	21%	20%	19%	6%	14%	25%	19%	21%	19%	21%
Roughly once a week	10%	11%	12%	9%	6%	11%	5%	10%	11%	8%	11%	8%
Few times a week	18%	21%	20%	15%	16%	17%	16%	14%	21%	15%	20%	15%
Daily	24%	22%	24%	21%	27%	32%	28%	22%	22%	25%	22%	25%
Many times per day	13%	10%	9%	16%	18%	16%	21%	14%	13%	13%	13%	13%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Tablet-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	22%	25%	21%	20%	26%	27%	16%	33%	24%	20%	24%	20%
Never/Do not use	12%	9%	11%	15%	9%	13%	13%	10%	11%	14%	11%	14%
Less often than once a week	15%	18%	16%	16%	14%	5%	12%	17%	14%	16%	14%	16%
Roughly once a week	8%	8%	9%	7%	5%	8%	4%	7%	9%	7%	8%	7%
Few times a week	14%	16%	16%	12%	12%	12%	14%	9%	16%	12%	15%	12%
Daily	18%	16%	19%	17%	20%	23%	24%	14%	17%	20%	17%	20%
Many times per day	10%	7%	7%	12%	13%	12%	18%	9%	10%	11%	10%	11%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	490	57*	148	155	86*	24*	16*	11*	244	235	254	235

Q2. [A kid's tablet] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	47%	48%	55%	53%	28%	29%	19%	41%	41%	53%	41%	53%
Less often than once a week	15%	27%	15%	18%	10%				15%	15%	15%	15%
Roughly once a week	8%	10%	10%	5%	12%	2%		29%	9%	6%	10%	6%
Few times a week	13%	13%	11%	13%	17%	13%	20%		14%	13%	14%	13%
Daily	13%	3%	8%	5%	24%	43%	51%	25%	15%	10%	15%	10%
Many times per day	4%		1%	5%	9%	13%	9%	6%	6%	3%	6%	3%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [A kid's tablet-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	78%	79%	78%	79%	72%	78%	76%	84%	78%	77%	79%	77%
Never/Do not use	10%	10%	12%	11%	8%	6%	5%	7%	9%	12%	9%	12%
Less often than once a week	3%	6%	3%	4%	3%				3%	4%	3%	4%
Roughly once a week	2%	2%	2%	1%	3%	*%		5%	2%	1%	2%	1%
Few times a week	3%	3%	2%	3%	5%	3%	5%	•	3%	3%	3%	3%
Daily	3%	1%	2%	1%	7%	10%	12%	4%	3%	2%	3%	2%
Many times per day	1%		*%	1%	2%	3%	2%	1%	1%	1%	1%	1%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1974	240	619	692	266	89*	52*	48*	984	942	1032	942

Q2. [Smartphone] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	1%	2%	1%	*%	*%	1%			1%	*%	1%	*%
Less often than once a week	1%	1%	1%	*%	1%	3%	2%	1%	1%	1%	1%	1%
Roughly once a week	1%	1%	1%	1%	2%	1%		6%	1%	*%	1%	*%
Few times a week	2%	2%	1%	2%	2%	1%	5%	2%	2%	2%	2%	2%
Daily	28%	27%	32%	23%	28%	28%	39%	32%	30%	25%	31%	25%
Many times per day	68%	69%	64%	73%	66%	66%	53%	58%	65%	72%	65%	72%

			Tim	ne spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Smartphone-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	10%	12%	8%	8%	12%	17%	20%	27%	12%	7%	13%	7%
Never/Do not use	1%	1%	1%	*%	*%	1%			1%	*%	1%	*%
Less often than once a week	1%	*%	*%	*%	1%	3%	2%	1%	1%	1%	1%	1%
Roughly once a week	1%	*%	1%	1%	1%	1%		4%	1%	*%	1%	*%
Few times a week	2%	1%	1%	2%	2%	1%	4%	2%	2%	2%	2%	2%
Daily	25%	24%	29%	21%	25%	23%	32%	24%	27%	23%	27%	23%
Many times per day	61%	60%	59%	67%	58%	55%	42%	43%	57%	67%	56%	67%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1186	112	372	444	154	56*	37*	28*	595	562	623	562

Q2. [Television - attached to traditional cable] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	2%	1%	2%	2%	5%	2%			2%	2%	2%	2%
Less often than once a week	5%	10%	5%	4%	4%	5%	2%	6%	5%	5%	5%	5%
Roughly once a week	5%	7%	6%	5%	3%	3%		2%	5%	5%	5%	5%
Few times a week	16%	18%	15%	18%	13%	12%	3%	11%	13%	19%	13%	19%
Daily	51%	56%	56%	48%	50%	39%	45%	69%	53%	47%	54%	47%
Many times per day	22%	8%	17%	23%	24%	39%	50%	13%	21%	22%	21%	22%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr		2-4 hours	4-6 hours		8/more than 8	spend more	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Television - attached to traditional cable-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	46%	59%	45%	41%	49%	48%	43%	57%	47%	45%	47%	45%
Never/Do not use	1%	*%	1%	1%	3%	1%			1%	1%	1%	1%
Less often than once a week	3%	4%	3%	2%	2%	3%	1%	2%	3%	3%	3%	3%
Roughly once a week	3%	3%	3%	3%	2%	2%		1%	3%	3%	3%	3%
Few times a week	9%	7%	8%	11%	7%	6%	2%	5%	7%	11%	7%	11%
Daily	27%	23%	31%	28%	26%	20%	26%	30%	28%	26%	28%	26%
Many times per day	12%	3%	9%	14%	12%	20%	29%	6%	11%	12%	11%	12%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1636	188	528	561	229	80*	40*	36*	827	773	864	773

Q2. [Television - accessing streaming services] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	1%	1%	1%	1%	1%				1%	1%	1%	1%
Less often than once a week	5%	10%	5%	5%	3%	*%	5%		4%	6%	4%	6%
Roughly once a week	6%	9%	6%	7%	4%	3%	12%	3%	7%	6%	7%	6%
Few times a week	23%	33%	23%	23%	20%	18%	21%	10%	22%	26%	21%	26%
Daily	46%	42%	52%	45%	44%	47%	25%	66%	48%	43%	49%	43%
Many times per day	18%	6%	12%	20%	28%	32%	38%	20%	18%	18%	18%	18%

			Tim	ne spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Television - accessing streaming services-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	26%	31%	22%	26%	24%	26%	38%	44%	26%	24%	27%	24%
Never/Do not use	1%	*%	1%	1%	1%				*%	1%	*%	1%
Less often than once a week	4%	7%	4%	3%	2%	*%	3%		3%	4%	3%	4%
Roughly once a week	5%	6%	5%	5%	3%	2%	7%	2%	5%	5%	5%	5%
Few times a week	17%	23%	18%	17%	15%	13%	13%	6%	16%	20%	16%	20%
Daily	34%	29%	41%	33%	34%	35%	15%	37%	35%	33%	36%	33%
Many times per day	14%	4%	9%	15%	21%	24%	23%	11%	14%	14%	13%	14%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	436	51*	126	153	56*	25*	23*	9*	216	211	224	211

Q2. [Digital home assistant] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	5%	1%	7%	4%	6%	3%		3%	5%	5%	5%	5%
Less often than once a week	11%	16%	11%	9%	15%	8%	2%		11%	10%	11%	10%
Roughly once a week	8%	15%	10%	10%		2%		16%	9%	7%	9%	7%
Few times a week	25%	13%	24%	29%	24%	39%	7%	25%	21%	28%	21%	28%
Daily	34%	39%	37%	29%	37%	25%	37%	35%	37%	31%	37%	31%
Many times per day	18%	15%	12%	19%	18%	23%	53%	21%	17%	19%	17%	19%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr		2-4 hours	4-6 hours		8/more than 8	spend more	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Digital home assistant-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	80%	81%	81%	80%	82%	77%	65%	87%	81%	79%	81%	79%
Never/Do not use	1%	*%	1%	1%	1%	1%		*%	1%	1%	1%	1%
Less often than once a week	2%	3%	2%	2%	3%	2%	1%		2%	2%	2%	2%
Roughly once a week	2%	3%	2%	2%		1%		2%	2%	1%	2%	1%
Few times a week	5%	2%	4%	6%	4%	9%	2%	3%	4%	6%	4%	6%
Daily	7%	7%	7%	6%	7%	6%	13%	5%	7%	6%	7%	6%
Many times per day	4%	3%	2%	4%	3%	5%	19%	3%	3%	4%	3%	4%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1457	133	477	531	198	66*	43*	38*	714	705	752	705

Q2. [Gaming console] How much do you yourself use each of these things in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	22%	24%	23%	24%	20%	17%	10%	20%	17%	28%	17%	28%
Less often than once a week	23%	34%	25%	23%	17%	15%	13%	14%	23%	23%	23%	23%
Roughly once a week	10%	11%	11%	11%	8%	8%	3%	7%	11%	10%	11%	10%
Few times a week	20%	15%	22%	20%	17%	19%	20%	25%	23%	17%	23%	17%
Daily	17%	13%	17%	15%	16%	20%	39%	10%	20%	13%	20%	13%
Many times per day	8%	3%	2%	6%	23%	21%	14%	24%	6%	9%	7%	9%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q2. [Gaming console-Rebase to all respondents] How much do you yourself use each of these things in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	34%	51%	29%	30%	35%	38%	35%	41%	36%	30%	37%	30%
Never/Do not use	15%	12%	16%	17%	13%	10%	7%	12%	11%	19%	11%	19%
Less often than once a week	15%	16%	18%	16%	11%	9%	8%	8%	15%	16%	14%	16%
Roughly once a week	7%	5%	8%	8%	5%	5%	2%	4%	7%	7%	7%	7%
Few times a week	13%	7%	15%	14%	11%	12%	13%	15%	14%	12%	14%	12%
Daily	11%	6%	12%	11%	10%	12%	26%	6%	13%	9%	13%	9%
Many times per day	5%	1%	2%	4%	15%	13%	9%	14%	4%	6%	5%	6%

## Q2b. Please use the following five-point scale to indicate how you feel about this screen time.

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - Don't really like tech, just use it as needed	2%	4%	2%	2%	1%	3%	3%	10%	2%	2%	3%	2%
2	2%	5%	3%	1%	2%	5%		10%	2%	2%	3%	2%
3 - In the middle – use it regularly but not excited by it	38%	50%	38%	41%	29%	26%	18%	33%	36%	41%	36%	41%
4	28%	25%	32%	28%	25%	31%	24%	12%	30%	28%	29%	28%
5 - Love technology – really enjoy my screen time	29%	16%	25%	28%	43%	35%	55%	35%	30%	27%	30%	27%
Net: Don't like tech	5%	9%	5%	3%	2%	8%	3%	20%	4%	4%	5%	4%
Net: Love technology	57%	41%	57%	56%	69%	66%	79%	47%	60%	55%	59%	55%

Q3a. How would you describe this child's overall attitude towards technology and their screen time using it?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - Doesn't really like tech, just uses it as needed	3%	6%	3%	1%	1%		4%	7%	3%	2%	3%	2%
2	3%	7%	4%	3%	2%	2%		21%	4%	2%	5%	2%
3 - In the middle – uses it regularly but not excited by it	16%	20%	18%	13%	20%	15%	8%	12%	23%	9%	23%	9%
4	19%	19%	21%	20%	17%	18%	9%	14%	21%	17%	21%	17%
5 - Loves technology – really enjoys their screen time	57%	42%	53%	63%	60%	63%	78%	42%	47%	69%	47%	69%
Doesn't use tech at all	1%					3%		4%				
Net: Don't like tech	6%	14%				2%		28%				
Net: Loved technology	76%	61%	74%	83%	77%	80%	87%	56%	69%	87%	68%	87%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1076	123	327	378	150	55*	33*	38*	545	492	583	492

Q3b [Desktop computer] , how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	40%	49%	43%	42%	32%	27%	11%	48%	39%	40%	40%	40%
Less often than once a week	17%	19%	19%	17%	15%	7%	13%	15%	17%	18%	17%	18%
Roughly once a week	9%	10%	7%	9%	13%	8%	9%	2%	9%	9%	9%	9%
Few times a week	17%	15%	20%	16%	14%	22%	24%	10%	18%	18%	17%	18%
Daily	13%	7%	10%	12%	22%	22%	24%	20%	14%	12%	14%	12%
Many times per day	4%		1%	5%	5%	13%	19%	5%	4%	4%	4%	4%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b [Desktop computer-Rebase to all respondents] , how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	51%	55%	52%	50%	51%	49%	49%	41%	51%	51%	51%	51%
Never/Do not use	19%	22%	21%	21%	16%	14%	6%	28%	19%	19%	19%	19%
Less often than once a week	8%	9%	9%	8%	7%	4%	7%	9%	8%	9%	8%	9%
Roughly once a week	4%	4%	3%	4%	6%	4%	4%	1%	4%	4%	4%	4%
Few times a week	8%	7%	10%	8%	7%	11%	12%	6%	9%	9%	8%	9%
Daily	7%	3%	5%	6%	11%	11%	12%	12%	7%	6%	7%	6%
Many times per day	2%		*%	2%	2%	7%	10%	3%	2%	2%	2%	2%

I				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	ne/< 1-2 2-4 4-6 6-8 hr hours hours hours hours					Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	1715	209	536	591	232	80*	53*	39*	884	792	923	792

Q3b. [Laptop computer] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	42%	58%	49%	40%	26%	24%	24%	33%	43%	41%	43%	41%
Less often than once a week	18%	17%	18%	19%	17%	9%	17%	20%	16%	20%	16%	20%
Roughly once a week	7%	8%	7%	7%	8%	5%	2%	6%	8%	6%	8%	6%
Few times a week	16%	10%	13%	20%	19%	23%	15%	10%	17%	16%	17%	16%
Daily	13%	7%	12%	11%	17%	21%	29%	23%	12%	13%	12%	13%
Many times per day	5%		1%	3%	13%	19%	14%	7%	4%	5%	4%	5%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	one/< 1-2 2-4 4-6 6 1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Laptop computer-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	22%	24%	21%	22%	23%	26%	19%	40%	21%	22%	22%	22%
Never/Do not use	32%	45%	39%	31%	20%	18%	19%	20%	34%	32%	33%	32%
Less often than once a week	14%	13%	15%	15%	13%	7%	13%	12%	12%	16%	12%	16%
Roughly once a week	5%	6%	6%	5%	6%	3%	1%	4%	6%	5%	6%	5%
Few times a week	13%	8%	10%	16%	14%	17%	12%	6%	13%	12%	13%	12%
Daily	10%	6%	9%	9%	13%	16%	23%	14%	9%	10%	10%	10%
Many times per day	4%		1%	3%	10%	14%	11%	4%	3%	4%	3%	4%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	one/< 1-2 2-4 4-6 6-8 1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1707	204	533	604	224	79*	55*	44*	856	807	900	807

Q3b. [Tablet] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	10%	18%	12%	7%	6%	9%	2%	9%	10%	10%	10%	10%
Less often than once a week	14%	23%	15%	13%	10%	10%	7%	32%	15%	12%	15%	12%
Roughly once a week	10%	18%	8%	9%	8%	11%	4%	10%	11%	8%	11%	8%
Few times a week	24%	25%	29%	21%	19%	17%	29%	18%	25%	23%	25%	23%
Daily	30%	15%	30%	33%	35%	30%	25%	29%	28%	31%	28%	31%
Many times per day	13%	1%	5%	17%	23%	22%	34%	3%	10%	16%	10%	16%

			Tim	ne spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Tablet-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	22%	25%	21%	20%	26%	27%	16%	33%	24%	20%	24%	20%
Never/Do not use	8%	13%	10%	5%	4%	6%	2%	6%	8%	8%	8%	8%
Less often than once a week	11%	17%	12%	11%	7%	8%	5%	22%	11%	10%	12%	10%
Roughly once a week	7%	14%	7%	7%	6%	8%	3%	6%	9%	6%	9%	6%
Few times a week	19%	19%	23%	17%	14%	13%	24%	12%	19%	18%	19%	18%
Daily	23%	11%	24%	27%	26%	22%	21%	19%	22%	25%	22%	25%
Many times per day	10%	1%	4%	13%	17%	16%	29%	2%	8%	13%	7%	13%

Ī				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	490	57*	148	155	86*	24*	16*	11*	244	235	254	235

Q3b. [A kid's tablet] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	12%	12%	12%	17%	5%	7%		9%	8%	15%	8%	15%
Less often than once a week	21%	35%	22%	23%	13%	15%	2%	18%	19%	23%	19%	23%
Roughly once a week	14%	30%	16%	11%	10%	1%		22%	14%	12%	15%	12%
Few times a week	28%	21%	30%	24%	33%	17%	38%	11%	31%	25%	30%	25%
Daily	19%	3%	19%	18%	27%	45%	29%	34%	18%	20%	19%	20%
Many times per day	7%		2%	8%	12%	15%	31%	6%	9%	5%	9%	5%

ľ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [A kid's tablet-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	78%	79%	78%	79%	72%	78%	76%	84%	78%	77%	79%	77%
Never/Do not use	3%	2%	3%	4%	2%	2%		1%	2%	4%	2%	4%
Less often than once a week	5%	7%	5%	5%	4%	3%	*%	3%	4%	5%	4%	5%
Roughly once a week	3%	6%	4%	2%	3%	*%		4%	3%	3%	3%	3%
Few times a week	6%	4%	7%	5%	9%	4%	9%	2%	7%	6%	6%	6%
Daily	4%	1%			8%	10%	7%	5%	4%	5%	4%	5%
Many times per day	2%		*%	2%	3%	3%	8%	1%	2%	1%	2%	1%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	one/< 1-2 2-4 4-6 6 1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1974	240	619	692	266	89*	52*	48*	984	942	1032	942

Q3b. [Smartphone] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	35%	50%	39%	31%	29%	24%	19%	26%	40%	31%	39%	31%
Less often than once a week	15%	21%	15%	17%	12%	4%	7%	16%	16%	15%	16%	15%
Roughly once a week	9%	10%	9%	8%	8%	10%	10%	8%	9%	8%	9%	8%
Few times a week	16%	12%	20%	15%	14%	12%	22%	23%	15%	17%	16%	17%
Daily	15%	6%	14%	18%	20%	20%	20%	21%	14%	17%	14%	17%
Many times per day	9%	*%	3%	10%	18%	31%	23%	6%	6%	12%	6%	12%

ľ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Smartphone-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	10%	12%	8%	8%	12%	17%	20%	27%	12%	7%	13%	7%
Never/Do not use	32%	44%	36%	29%	25%	20%	15%	19%	35%	29%	34%	29%
Less often than once a week	14%	19%	13%	16%	10%	3%	5%	12%	14%	14%	14%	14%
Roughly once a week	8%	9%	8%	7%	7%	8%	8%	6%	8%	8%	8%	8%
Few times a week	15%	11%	18%	14%	12%	10%	18%	17%	13%	16%	14%	16%
Daily	14%			16%	17%	17%	16%	16%	12%	16%	12%	16%
Many times per day	8%	*%	3%	9%	16%	26%	18%	4%	5%	12%	5%	12%

I				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	1186	112	372	444	154	56*	37*	28*	595	562	623	562

Q3b. [Television - attached to traditional cable] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	7%	8%	7%	8%	9%	4%		9%	7%	7%	7%	7%
Less often than once a week	7%	18%	5%	8%	7%	3%		7%	6%	8%	6%	8%
Roughly once a week	7%	22%	6%	6%	8%	2%		18%	9%	5%	10%	5%
Few times a week	23%	26%	29%	20%	19%	15%	13%	4%	22%	25%	21%	25%
Daily	46%	25%	51%	46%	46%	40%	54%	48%	48%	43%	48%	43%
Many times per day	9%		3%	11%	12%	35%	33%	13%	7%	12%	8%	12%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr		2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Television - attached to traditional cable-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	46%	59%	45%	41%	49%	48%	43%	57%	47%	45%	47%	45%
Never/Do not use	4%	3%	4%	5%	4%	2%		4%	4%	4%	4%	4%
Less often than once a week	4%	7%	3%	5%	3%	2%		3%	3%	5%	3%	5%
Roughly once a week	4%	9%	3%	4%	4%	1%		8%	5%	3%	5%	3%
Few times a week	12%	11%	16%	12%	10%	8%	7%	2%	12%	14%	11%	14%
Daily	25%	10%	28%	27%	24%	21%	31%	21%	25%	24%	25%	24%
Many times per day	5%		2%	7%	6%	18%	19%	6%	4%	6%	4%	6%

ľ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
	Sample	1636	188	528	561	229	80*	40*	36*	827	773	864	773

q3b. [Television - accessing streaming services] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	3%	5%	4%	2%	3%	3%		5%	3%	3%	3%	3%
Less often than once a week	6%	13%	5%	5%	4%	4%	5%	2%	7%	5%	6%	5%
Roughly once a week	8%	19%	8%	6%	7%	1%	6%	16%	8%	8%	9%	8%
Few times a week	28%	38%	31%	25%	23%	22%	15%	16%	28%	28%	28%	28%
Daily	43%	25%	48%	48%	43%	35%	33%	52%	44%	43%	44%	43%
Many times per day	12%	*%	4%	13%	20%	36%	42%	9%	10%	13%	10%	13%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

q3b. [Television - accessing streaming services-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	26%	31%	22%	26%	24%	26%	38%	44%	26%	24%	27%	24%
Never/Do not use	2%	3%	3%	2%	2%	2%		3%	2%	2%	2%	2%
Less often than once a week	4%	9%	4%	4%	3%	3%	3%	1%	5%	4%	5%	4%
Roughly once a week	6%	13%	7%	5%	5%	1%	4%	9%	6%	6%	6%	6%
Few times a week	21%	26%	24%	18%	17%	16%	9%	9%	21%	21%	20%	21%
Daily	32%	17%	37%	36%	33%	26%	20%	29%	32%	33%	32%	33%
Many times per day	9%	*%	3%	10%	15%	27%	26%	5%	7%	10%	7%	10%

I				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	436	51*	126	153	56*	25*	23*	9*	216	211	224	211

Q3b. [Digital home assistant] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	26%	32%	38%	21%	25%	12%		29%	28%	24%	28%	24%
Less often than once a week	14%	14%	13%	19%	8%	12%	2%		14%	15%	13%	15%
Roughly once a week	9%	9%	12%	5%	11%	11%	7%	35%	9%	7%	10%	7%
Few times a week	19%	24%	12%	25%	17%	11%	10%	13%	17%	20%	17%	20%
Daily	22%	19%	16%	22%	28%	35%	33%	14%	23%	22%	23%	22%
Many times per day	10%	2%	9%	7%	11%	18%	48%	7%	9%	11%	9%	11%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Digital home assistant-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	80%	81%	81%	80%	82%	77%	65%	87%	81%	79%	81%	79%
Never/Do not use	5%	6%	7%	4%	5%	3%		4%	5%	5%	5%	5%
Less often than once a week	3%	3%	2%	4%	1%	3%	1%		3%	3%	2%	3%
Roughly once a week	2%	2%	2%	1%	2%	3%	2%	5%	2%	1%	2%	1%
Few times a week	4%	4%	2%	5%	3%	3%	4%	2%	3%	4%	3%	4%
Daily	4%			5%	5%	8%	12%	2%	4%	5%	4%	5%
Many times per day	2%	*%	2%	1%	2%	4%	17%	1%	2%	2%	2%	2%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1457	133	477	531	198	66*	43*	38*	714	705	752	705

Q3b. [Gaming console] how much, if at all, do they use each of the tech devices in your household?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never/Do not use	26%	39%	31%	21%	20%	20%	17%	23%	30%	21%	30%	21%
Less often than once a week	15%	18%	16%	16%	11%	5%	6%	6%	13%	18%	13%	18%
Roughly once a week	11%	21%	11%	12%	4%	8%	5%	20%	12%	9%	13%	9%
Few times a week	22%	10%	25%	23%	21%	26%	15%	25%	20%	24%	21%	24%
Daily	18%	12%	15%	20%	25%	23%	25%	13%	18%	19%	18%	19%
Many times per day	8%	*%	2%	8%	19%	18%	31%	13%	6%	9%	7%	9%

			Tim	ne spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q3b. [Gaming console-Rebase to all respondents] how much, if at all, do they use each of the tech devices in your household?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Do not have	34%	51%	29%	30%	35%	38%	35%	41%	36%	30%	37%	30%
Never/Do not use	17%	19%	22%	15%	13%	12%	11%	14%	19%	15%	19%	15%
Less often than once a week	10%	9%	11%	12%	7%	3%	4%	4%	8%	12%	8%	12%
Roughly once a week	7%	10%	8%	8%	3%	5%	3%	12%	8%	6%	8%	6%
Few times a week	15%	5%	17%	16%	14%	16%	10%	14%	13%	16%	13%	16%
Daily	12%	6%	11%	14%	16%	14%	17%	8%	11%	13%	11%	13%
Many times per day	5%	*%	1%	5%	12%	11%	20%	7%	4%	6%	4%	6%

Q3c. On a typical weekday, what would you estimate this child's total "screen time" to be?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
None – no screens on typical weekday	3%	22%						9%	3%	2%	3%	2%
Less than one 1 hour	10%	78%						9%	13%	6%	13%	6%
1 up to 2 hours	31%		100%					14%	35%	27%	34%	27%
2 up to 4 hours	34%			100%				38%	28%	41%	29%	41%
4 up to 6 hours	14%				100%			20%	13%	14%	14%	14%
6 up to 8 hours	5%					100%		7%	4%	5%	4%	5%
8 hours or more on a typical weekday	3%						100%	2%	2%	4%	2%	4%
Don't know/Can't guess	1%								1%	1%	1%	1%
MEAN	3.0	0.5	1.5	3.0	5.0	7.0	10.0	3.4	2.7	3.2	2.7	3.2
MEAN										Q		S

Q4. Now, how do you, yourself feel about the amount of time this child is spending with these tech devices?

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - Wish they'd spend more time	1%	2%	*%	1%	2%	2%		33%			2%	
2	2%	3%	1%	2%	3%	2%	2%	67%			4%	
3 - Are generally comfortable with their screen time	51%	67%	58%	42%	49%	44%	36%		100%		95%	
4	24%	13%	24%	31%	19%	23%	35%			53%		53%
5 - Are concerned they spend too much time	22%	16%	17%	24%	28%	28%	27%			47%		47%
Net: Wish they spend more time	3%	4%	1%	3%	4%	4%	2%	100%			5%	
Net: Concerned they spend too much time	46%	29%	40%	54%	47%	51%	62%			100%		100%

## Q5. What about what they are doing with their screen time?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - Never really think about	2%	3%	1%	1%	3%	3%	2%	17%	2%	1%	3%	1%
2	3%	1%	3%	2%	3%	4%	6%	9%	3%	2%	3%	2%
3 - Are sometimes aware/Sometimes not	27%	19%	25%	28%	36%	34%	31%	34%	28%	26%	29%	26%
4	21%	14%	18%	25%	21%	29%	19%	11%	19%	24%	18%	24%
5 - Are always conscious/aware of	47%	62%	54%	44%	36%	30%	42%	30%	48%	48%	47%	48%
Net: Never really think about	4%	4%	4%	3%	7%	6%	7%	26%	5%	3%	6%	3%
Net: Always conscious/aware of	68%	77%	71%	69%	57%	59%	62%	41%	67%	71%	66%	71%

Q6. Overall, what do you believe are the positives -- the good things -- for kids spending time using these tech devices we've been talking about?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Entertaining/fun for them	59%	62%	64%	60%	49%	43%	43%	41%	59%	60%	58%	60%
Learning/educational benefit	51%	49%	55%	53%	45%	53%	49%	45%	53%	50%	53%	50%
Computer skills	34%	31%	37%	34%	32%	25%	33%	36%	33%	34%	33%	34%
Reading - ability/practice	28%	25%	25%	31%	30%	21%	31%	9%	28%	28%	27%	28%
Keeps them occupied	27%	24%	28%	29%	27%	20%	27%	15%	25%	30%	24%	30%
Keeps them in touch with friends and family	19%	17%	15%	20%	23%	25%	20%	24%	16%	22%	16%	22%
Creative expression	19%	14%	18%	20%	21%	24%	13%	19%	21%	16%	21%	16%
Safe/I know where they are, what they're doing	17%	10%	19%	18%	21%	13%	15%	18%	18%	16%	18%	16%
Mental well-being	7%	4%	4%	6%	13%	18%	13%	20%	8%	5%	8%	5%
Other (Specify:)	1%	3%	1%	1%	*%		8%	1%	1%	2%	1%	2%
No positive things/can't think of any	3%	6%	3%	1%	2%	4%			2%	4%	2%	4%

## Q7. Overall, what do you believe are the negatives -- the bad things -- for kids spending time using these tech devices we've been talking about?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	52%	48%	57%	53%	48%	42%	46%	46%	47%	58%	47%	58%
Less active/Not getting exercise/fresh air	49%	51%	45%	55%	44%	38%	33%	32%	43%	55%	43%	55%
Distracting from other important things in life	33%	36%	33%	35%	25%	30%	28%	17%	30%	38%	29%	38%
Inappropriate content – hate/porn/etc.	23%	24%	22%	22%	27%	26%	16%	27%	25%	21%	25%	21%
Hurts social skills/social life	20%	19%	21%	21%	15%	20%	23%	39%	17%	22%	18%	22%
Attention span lower/less focus/learning issues	19%	31%	18%	17%	19%	16%	13%	5%	15%	25%	14%	25%
Over-stimulated/Hard to calm down	15%	20%	15%	13%	16%	13%	22%	13%	13%	17%	13%	17%
Too commercial/advertising	14%	12%	14%	14%	16%	11%	9%	15%	17%	10%	16%	10%
Privacy concerns/personal info	14%	8%	14%	14%	15%	15%	17%	15%	17%	10%	17%	10%
Bullying/abuse risks	13%	9%	14%	13%	12%	16%	9%	14%	15%	11%	15%	11%
Content generally – fake news/silly things	12%	6%	13%	11%	15%	15%	13%	6%	14%	10%	13%	10%
Other (Specify:)	1%	1%	1%	1%	*%	2%	3%	1%	1%	1%	1%	1%
No negative things/can't think of any	3%	4%	2%	2%	2%	1%	6%		4%	1%	4%	1%

Q8a. First,[No time/ Occasionally] let's think about your child's overall screen time – to what extent are they doing each of the following activities?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Screen activities focused on creating	43%	61%	42%	44%	30%	29%	40%	48%	39%	47%	39%	47%
Screen activities focused on learning	33%	43%	29%	37%	28%	27%	30%	42%	25%	42%	26%	42%
Screen activities focused on consuming content for fun	13%	22%	11%	11%	12%	16%	16%	36%	15%	10%	16%	10%
Screen activities focused on social interaction and communication	67%	86%	72%	69%	49%	44%	38%	68%	69%	65%	69%	65%
Screen activities focused on non-educational gaming	43%	67%	48%	37%	28%	33%	23%	51%	47%	37%	47%	37%

Q8a. First,[More often/ lots of time] let's think about your child's overall screen time – to what extent are they doing each of the following activities?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Screen activities focused on creating	23%	12%	22%	20%	38%	45%	28%	23%	26%	20%	26%	20%
Screen activities focused on learning	30%	28%	29%	27%	33%	39%	45%	29%	36%	23%	36%	23%
Screen activities focused on consuming content for fun	55%	45%	55%	60%	52%	58%	55%	38%	48%	64%	48%	64%
Screen activities focused on social interaction and communication	13%	3%	9%	12%	23%	29%	37%	19%	11%	15%	12%	15%
Screen activities focused on non-educational gaming	28%	12%	23%	33%	36%	34%	31%	26%	19%	37%	19%	37%

Q8a. Overall screen time - Screen activities focused on creating

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No time/don't do this	18%	33%	17%	16%	9%	13%	17%	18%	17%	19%	17%	19%
Only occasionally	25%	28%	25%	28%	21%	17%	23%	30%	22%	28%	22%	28%
Sometimes	33%	27%	36%	36%	32%	26%	32%	29%	35%	32%	34%	32%
More often	19%	10%	17%	17%	26%	38%	22%	20%	21%	15%	21%	15%
Lots of time on this activity	5%	2%	5%	3%	12%	7%	5%	3%	5%	5%	5%	5%
Net: No time/ Only occasionally	43%	61%	42%	44%	30%	29%	40%	48%	39%	47%	39%	47%
Net: More often/ Lots of time	23%	12%	22%	20%	38%	45%	28%	23%	26%	20%	26%	20%

## Q8a. Overall screen time - Screen activities focused on learning

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No time/don't do this	10%	16%	9%	9%	7%	9%	14%	16%	8%	12%	8%	12%
Only occasionally	23%	26%	20%	28%	22%	18%	16%	26%	18%	30%	18%	30%
Sometimes	37%	30%	43%	35%	38%	34%	26%	29%	39%	35%	38%	35%
More often	22%	22%	23%	20%	22%	31%	29%	19%	27%	18%	27%	18%
Lots of time on this activity	7%	6%	5%	7%	11%	8%	16%	10%	9%	5%	9%	5%
Net: No time/ Only occasionally	33%	43%	29%	37%	28%	27%	30%	42%	25%	42%	26%	42%
Net: More often/ Lots of time	30%	28%	29%	27%	33%	39%	45%	29%	36%	23%	36%	23%

Q8a. Overall screen time - Screen activities focused on consuming content for fun

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No time/don't do this	3%	7%	2%	2%	1%	4%	7%	9%	3%	2%	4%	2%
Only occasionally	11%	16%	10%	9%	11%	12%	9%	27%	12%	8%	12%	8%
Sometimes	32%	33%	33%	29%	36%	26%	28%	26%	37%	26%	36%	26%
More often	39%	34%	42%	42%	38%	38%	29%	34%	37%	42%	37%	42%
Lots of time on this activity	16%	10%	14%	19%	14%	20%	27%	3%	11%	22%	10%	22%
Net: No time/ Only occasionally	13%	22%	11%	11%	12%	16%	16%	36%	15%	10%	16%	10%
Net: More often/ Lots of time	55%	45%	55%	60%	52%	58%	55%	38%	48%	64%	48%	64%

## Q8a. Overall screen time - Screen activities focused on social interaction and communication

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No time/don't do this	47%	67%	53%	47%	28%	29%	25%	37%	50%	44%	50%	44%
Only occasionally	20%	19%	19%	22%	21%	14%	13%	31%	19%	21%	19%	21%
Sometimes	19%	10%	18%	19%	28%	27%	25%	12%	20%	20%	19%	20%
More often	10%	3%	8%	9%	20%	21%	28%	15%	9%	11%	10%	11%
Lots of time on this activity	3%	1%	2%	3%	3%	9%	9%	4%	2%	4%	2%	4%
Net: No time/ Only occasionally	67%	86%	72%	69%	49%	44%	38%	68%	69%	65%	69%	65%
Net: More often/ Lots of time	13%	3%	9%	12%	23%	29%	37%	19%	11%	15%	12%	15%

Q8a. Overall screen time - Screen activities focused on non-educational gaming

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No time/don't do this	23%	47%	29%	17%	11%	13%	6%	21%	27%	19%	27%	19%
Only occasionally	19%	20%	19%	21%	17%	19%	17%	30%	20%	18%	20%	18%
Sometimes	30%	21%	29%	30%	36%	33%	46%	24%	34%	26%	33%	26%
More often	20%	10%	17%	23%	27%	24%	8%	20%	15%	25%	15%	25%
Lots of time on this activity	8%	2%	6%	10%	9%	10%	23%	6%	4%	12%	4%	12%
Net: No time/ Only occasionally	43%	67%	48%	37%	28%	33%	23%	51%	47%	37%	47%	37%
Net: More often/ Lots of time	28%	12%	23%	33%	36%	34%	31%	26%	19%	37%	19%	37%

Q8b. [A bad thing to be discouraged (1-2)] For each one, using the slider scale below, please indicate whether you personally consider those screen activities to be:

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Screen activities focused on creating	4%	10%	5%	2%	2%	5%	9%	28%	4%	3%	6%	3%
Screen activities focused on learning	4%	8%	3%	2%	3%	6%	6%	28%	3%	3%	4%	3%
Screen activities focused on consuming content for fun	9%	15%	10%	7%	6%	7%	8%	26%	8%	10%	9%	10%
Screen activities focused on social interaction and communication	24%	35%	25%	24%	14%	22%	18%	26%	24%	24%	24%	24%
Screen activities focused on non-educational gaming	29%	48%	29%	28%	20%	16%	20%	50%	24%	33%	25%	33%

Q8b. [A good thing to be encouraged (3-4)] For each one, using the slider scale below, please indicate whether you personally consider those screen activities to be:

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Screen activities focused on creating	73%	60%	74%	78%	75%	71%	57%	61%	70%	76%	70%	76%
Screen activities focused on learning	79%	68%	79%	83%	81%	75%	77%	62%	77%	82%	76%	82%
Screen activities focused on consuming content for fun	34%	21%	36%	33%	39%	45%	51%	31%	37%	31%	37%	31%
Screen activities focused on social interaction and communication	24%	14%	21%	22%	32%	37%	55%	23%	23%	24%	23%	24%
Screen activities focused on non-educational gaming	18%	8%	16%	16%	26%	36%	31%	14%	19%	17%	18%	17%

Q8b. Personally consider those screen activities to be: Screen activities focused on creating

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - A bad thing to be discouraged	2%	6%	2%	1%	1%	2%	2%	14%	2%	1%	3%	1%
2	3%	3%	4%	2%	1%	2%	7%	13%	3%	2%	3%	2%
3 - Depends/neutral	21%	27%	19%	20%	21%	24%	25%	10%	24%	18%	23%	18%
4	26%	28%	25%	27%	26%	30%	10%	22%	24%	29%	24%	29%
5 - A good thing to be encouraged	47%	32%	49%	51%	49%	41%	47%	39%	47%	47%	46%	47%
Not sure/can't say	2%	3%	2%	*%	3%		9%	2%	1%	3%	1%	3%
Net: A bad thing to be discouraged	4%	10%	5%	2%	2%	5%	9%	28%	4%	3%	6%	3%
Net: A good thing to be encouraged	73%	60%	74%	78%	75%	71%	57%	61%	70%	76%	70%	76%

Q8b. Personally consider those screen activities to be: Screen activities focused on learning

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - A bad thing to be discouraged	1%	3%	1%	1%	1%	1%	4%	11%	1%	1%	1%	1%
2	2%	4%	2%	2%	1%	5%	3%	17%	2%	2%	3%	2%
3 - Depends/neutral	16%	22%	17%	14%	15%	17%	17%	8%	20%	13%	19%	13%
4	19%	25%	18%	20%	18%	16%	14%	14%	17%	22%	17%	22%
5 - A good thing to be encouraged	59%	43%	61%	63%	63%	59%	63%	48%			59%	59%
Not sure/can't say	1%	3%	1%	*%	1%	2%		2%	*%	2%	1%	2%
Net: A bad thing to be discouraged	4%	8%	3%	2%	3%	6%	6%	28%	3%	3%	4%	3%
Net: A good thing to be encouraged	79%	68%	79%	83%	81%	75%	77%	62%	77%	82%	76%	82%

Q8b. Personally consider those screen activities to be: Screen activities focused on >consuming content for fun

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - A bad thing to be discouraged	3%	6%	3%	2%	3%	5%	2%	12%	2%	3%	3%	3%
2	6%	9%	8%	6%	3%	3%	6%	14%	6%	7%	6%	7%
3 - Depends/neutral	55%	63%	52%	60%	51%	46%	39%	41%	55%	56%	54%	56%
4	24%	15%	28%	25%	21%	26%	22%	16%	27%	22%	26%	22%
5 - A good thing to be encouraged	10%	6%	8%	7%	18%	19%	28%	15%	10%	9%	11%	9%
Not sure/can't say	2%	1%	2%	*%	4%	1%	3%	2%	1%	3%	1%	3%
Net: A bad thing to be discouraged	9%	15%	10%	7%	6%	7%	8%	26%	8%	10%	9%	10%
Net: A good thing to be encouraged	34%	21%	36%	33%	39%	45%	51%	31%	37%	31%	37%	31%

Q8b. Personally consider those screen activities to be: Screen activities focused on social interaction and communication

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - A bad thing to be discouraged	10%	19%	10%	9%	5%	11%	6%	15%	10%	9%	11%	9%
2	14%	17%	15%	16%	9%	11%	12%	11%	14%	15%	14%	15%
3 - Depends/neutral	50%	49%	51%	52%	50%	38%	25%	43%	51%	48%	51%	48%
4	14%	9%	13%	13%	19%	15%	21%	9%	14%	14%	14%	14%
5 - A good thing to be encouraged	10%	5%	8%	9%	13%	22%	34%	14%	9%	11%	9%	11%
Not sure/can't say	3%	2%	2%	2%	4%	3%	2%	7%	2%	3%	2%	3%
Net: A bad thing to be discouraged	24%	35%	25%	24%	14%	22%	18%	26%	24%	24%	24%	24%
Net: A good thing to be encouraged	24%	14%	21%	22%	32%	37%	55%	23%	23%	24%	23%	24%

Q8b. Personally consider those screen activities to be: Screen activities focused on non-educational gaming

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
1 - A bad thing to be discouraged	12%	24%	12%	10%	6%	5%	4%	30%	9%	14%	10%	14%
2	17%	24%	17%	18%	14%	11%	16%	21%	15%	20%	15%	20%
3 - Depends/neutral	51%	43%	53%	54%	50%	48%	47%	32%	56%	48%	54%	48%
4	11%	5%	11%	10%	14%	15%	8%	4%	12%	10%	11%	10%
5 - A good thing to be encouraged	7%	3%	5%	6%	12%	20%	23%	10%	7%	7%	7%	7%
Not sure/can't say	2%	1%	2%	1%	4%	1%	2%	4%	2%	2%	2%	2%
Net: A bad thing to be discouraged	29%	48%	29%	28%	20%	16%	20%	50%	24%	33%	25%	33%
Net: A good thing to be encouraged	18%	8%	16%	16%	26%	36%	31%	14%	19%	17%	18%	17%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2012	247	638	736	297	102	59*	47*	1072	983	1119	983

Q8c. 3 main positives for encourage Screen activities - Creating

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Creative expression	56%	58%	63%	57%	52%	34%	47%	28%	58%	56%	56%	56%
Learning/educational benefit	51%	58%	52%	53%	43%	44%	34%	33%	50%	53%	49%	53%
Entertaining/fun for them	41%	44%	40%	46%	35%	37%	36%	30%	42%	41%	41%	41%
Reading ability/practice	27%	23%	30%	27%	28%	28%	20%	13%	29%	26%	28%	26%
Computer skills	27%	29%	29%	29%	22%	23%	24%	31%	25%	30%	25%	30%
Mental well-being	18%	14%	17%	20%	19%	25%	17%	20%	18%	18%	18%	18%
Keeps them occupied, busy	14%	10%	14%	13%	17%	17%	21%	15%	14%	14%	14%	14%
Safe/I know where they are, what they're doing	12%	5%	10%	13%	16%	11%	13%	21%	12%	10%	12%	10%
Keeps them in touch with friends and family	7%	3%	4%	7%	10%	11%	20%	17%	5%			
Other	1%	1%	1%	*%	1%	2%		2%	1%	*%	1%	*%
No positive things, can't think of any	2%	2%	1%	1%	2%	5%	3%	5%	1%	2%	1%	2%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8c. [Rebase to all respondents] 3 main positives for encourage Screen activities - Creating

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Creative expression	54%	52%	59%	55%	51%	32%	43%	20%	55%	54%	53%	54%
Learning/educational benefit	49%	52%	49%	52%	42%	42%	31%	24%	48%	51%	46%	51%
Entertaining/fun for them	39%	40%	38%	44%	34%	35%	33%	21%	40%	40%	39%	40%
Reading ability/practice	26%	21%	28%	26%	27%	27%	18%	9%	28%	26%	27%	26%
Computer skills	26%	26%	28%	28%	21%	22%	22%	23%	24%	29%	24%	29%
Mental well-being	17%	13%	16%	19%	19%	23%	15%	14%	17%	18%	17%	18%
Keeps them occupied, busy	13%	9%	13%	13%	16%	16%	19%	11%	13%	13%	13%	13%
Safe/I know where they are, what they're doing	11%	5%	10%	12%	16%	10%	12%	15%	12%	10%	12%	10%
Keeps them in touch with friends and family	7%	3%	4%	7%	10%	10%	18%	13%	5%	8%	5%	8%
Other	1%	1%	1%	*%	1%	2%		1%	1%	*%	1%	*%
No positive things, can't think of any	2%	1%	1%	1%	2%	5%	3%	4%	1%	2%	1%	2%
A bad thing to be discouraged	4%	10%	5%	2%	2%	5%	9%	28%	4%	3%	6%	3%

ľ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	2012	253	654	737	294	102	61*	47*	1089	985	1135	985

Q8c. 3 main positives for encourage Screen activities - Learning

			Tim	ie spent	on Scree	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	65%	71%	66%	72%	53%	47%	43%	43%	65%	66%	64%	66%
Reading ability/practice	53%	46%	56%	56%	55%	45%	32%	45%	52%	55%	51%	55%
Computer skills	36%	33%	38%	39%	30%	28%	33%	36%	33%	39%	33%	39%
Keeps them occupied, busy	10%	9%	10%	9%	10%	19%	10%	13%	10%	10%	10%	10%
Safe/I know where they are, what they're doing	10%	6%	9%	10%	14%	13%	17%	5%	10%	11%	10%	11%
Entertaining/fun for them	22%	27%	21%	23%	20%	15%	22%	17%	22%	21%	22%	21%
Creative expression	20%	19%	20%	20%	23%	19%	19%	19%	21%	19%	21%	19%
Keeps them in touch with friends and family	4%	2%	4%	4%	7%	7%	13%	8%	5%	4%	5%	4%
Mental well-being	19%	15%	17%	20%	18%	31%	16%	16%	20%	17%	20%	17%
Other	1%	2%	*%	*%	1%	3%		4%	1%	1%	1%	1%
No positive things, can't think of any	2%	3%	1%	1%	1%	2%	6%		1%	2%	1%	2%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8c. [Rebase to all respondents] 3 main positives for encourage Screen activities - Learning

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	63%	65%	64%	70%	51%	44%	40%	31%	63%	64%	61%	64%
Reading ability/practice	51%	42%	54%	55%	53%	42%	31%	32%	50%	53%	49%	53%
Computer skills	35%	30%	36%	38%	29%	27%	31%	26%	32%	38%	32%	38%
Keeps them occupied, busy	10%	9%	10%	9%	10%	18%	10%	9%	10%	10%	10%	10%
Safe/I know where they are, what they're doing	10%	6%	9%	10%	14%	12%	16%	3%	10%	11%	9%	11%
Entertaining/fun for them	21%	25%	20%	22%	19%	14%	20%	12%	22%	21%	21%	21%
Creative expression	19%	17%	19%	19%	22%	18%	18%	14%	20%	19%	20%	19%
Keeps them in touch with friends and family	4%	2%	4%	4%	6%	7%	12%	6%	5%	4%	5%	4%
Mental well-being	18%	13%	17%	20%	18%	29%	15%	11%	19%	17%	19%	17%
Other	1%	2%	*%	*%	1%	3%		3%	1%	*%	1%	*%
No positive things, can't think of any	2%	3%	1%	1%	1%	2%	6%		1%	2%	1%	2%
A bad thing to be discouraged	4%	8%	3%	2%	3%	6%	6%	28%	3%	3%	4%	3%

				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	То	otal	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1	1997	232	604	699	284	100	60*	48*	1035	914	1083	914

Q8c. 3 main positives for encourage Screen activities - Consuming content for fun

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	17%	17%	19%	17%	13%	21%	33%	17%	18%	17%	18%	17%
Reading ability/practice	10%	8%	11%	9%	12%	16%	9%	12%	11%	9%	11%	9%
Computer skills	13%	13%	14%	12%	10%	11%	23%	7%	14%	11%	14%	11%
Keeps them occupied, busy	38%	36%	39%	42%	37%	31%	21%	37%	37%	40%	37%	40%
Safe/I know where they are, what they're doing	23%	23%	23%	25%	22%	15%	17%	14%	23%	23%	23%	23%
Entertaining/fun for them	63%	64%	67%	67%	56%	49%	44%	43%	63%	65%	62%	65%
Creative expression	18%	11%	17%	20%	21%	23%	30%	16%	19%	18%	19%	18%
Keeps them in touch with friends and family	8%	4%	6%	9%	10%	11%	15%	4%	7%	8%	7%	8%
Mental well-being	19%	15%	19%	21%	17%	23%	17%	19%	20%	18%	20%	18%
Other	3%	4%	2%	2%	5%	1%	6%	4%	2%	3%	3%	3%
No positive things, can't think of any	4%	6%	3%	2%	8%	5%	2%	6%	3%	6%	3%	6%

I				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours					Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8c. [Rebase to all respondents] 3 main positives for encourage Screen activities - Consuming content for fun

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	16%	14%	17%	15%	13%	20%	30%	13%	16%	16%	16%	16%
Reading ability/practice	9%	6%	10%	9%	11%	14%	8%	9%	10%	8%	10%	8%
Computer skills	12%	11%	12%	11%	10%	10%	21%	5%	13%	10%	13%	10%
Keeps them occupied, busy	35%	31%	35%	39%	34%	29%	19%	27%	34%	36%	33%	36%
Safe/I know where they are, what they're doing	21%	19%	20%	23%	21%	14%	16%	11%	21%	21%	21%	21%
Entertaining/fun for them	57%	54%	60%	62%	52%	45%	41%	32%	58%	58%	57%	58%
Creative expression	17%	9%	15%	19%	20%	21%	28%	12%	18%	16%	17%	16%
Keeps them in touch with friends and family	7%	3%	5%	8%	9%	10%	14%	3%	7%	8%	7%	8%
Mental well-being	17%	13%	17%	20%	16%	21%	16%	14%	18%	16%	18%	16%
Other	2%	3%	2%	2%	5%	1%	6%	3%	2%	2%	2%	2%
No positive things, can't think of any	4%	5%	3%	2%	7%	5%	2%	4%	2%	6%	3%	6%
A bad thing to be discouraged	9%	15%	10%	7%	6%	7%	8%	26%	8%	10%	9%	10%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1670	177	504	572	260	84*	53*	48*	853	769	901	769

Q8c. 3 main positives for encourage Screen activities - Social interaction

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	12%	12%	10%	12%	13%	14%	16%	14%	13%	10%	13%	10%
Reading ability/practice	14%	13%	15%	15%	11%	12%	24%	7%	14%	15%	14%	15%
Computer skills	15%	13%	15%	16%	14%	18%	28%	14%	17%	14%	17%	14%
Keeps them occupied, busy	15%	8%	16%	16%	15%	19%	19%	19%	15%	15%	15%	15%
Safe/I know where they are, what they're doing	14%	7%	14%	14%	19%	18%	4%	5%	15%	14%	14%	14%
Entertaining/fun for them	28%	26%	30%	28%	30%	20%	27%	20%	28%	28%	28%	28%
Creative expression	12%	8%	11%	13%	11%	20%	26%	19%	13%	11%	13%	11%
Keeps them in touch with friends and family	57%	62%	59%	63%	51%	40%	29%	33%	55%	60%	54%	60%
Mental well-being	19%	14%	16%	22%	23%	20%	21%	7%	19%	20%	19%	20%
Other	3%	2%	3%	3%	4%	1%	3%	5%	3%	3%	3%	3%
No positive things, can't think of any	8%	10%	6%	7%	9%	12%	4%	11%	7%	9%	7%	9%

I				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours					Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8c. [Rebase to all respondents] 3 main positives for encourage Screen activities - Social interaction

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	9%	8%	8%	9%	11%	11%	13%	11%	10%	8%	10%	8%
Reading ability/practice	11%	9%	11%	12%	10%	9%	20%	5%	11%	12%	10%	12%
Computer skills	12%	8%	11%	12%	12%	14%	23%	10%	13%	11%	13%	11%
Keeps them occupied, busy	11%	5%	12%	12%	13%	15%	16%	14%	11%	12%	11%	12%
Safe/I know where they are, what they're doing	11%	5%	10%	11%	16%	14%	3%	4%	11%	11%	11%	11%
Entertaining/fun for them	21%	17%	22%	21%	26%	16%	22%	15%	21%	21%	21%	21%
Creative expression	9%	5%	8%	10%	9%	15%	21%	14%	10%	8%	10%	8%
Keeps them in touch with friends and family	43%	40%	44%	48%	44%	31%	24%	24%	42%	46%	41%	46%
Mental well-being	15%	9%	12%	17%	20%	16%	17%	5%	15%	15%	14%	15%
Other	2%	1%	2%	2%	4%	1%	3%	4%	2%	2%	2%	2%
No positive things, can't think of any	6%	6%	5%	5%	7%	9%	3%	8%	5%	7%	6%	7%
A bad thing to be discouraged	24%	35%	25%	24%	14%	22%	18%	26%	24%	24%	24%	24%

ľ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours					Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	1565	143	478	542	242	91*	52*	32*	855	677	888	677

Q8c. 3 main positives for encourage Screen activities - Gaming

			Tim	e spent	on Scree	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	14%	13%	15%	13%	14%	19%	18%	7%	16%	12%	16%	12%
Reading ability/practice	10%	11%	10%	9%	10%	16%	22%	18%	10%	10%	11%	10%
Computer skills	25%	32%	25%	26%	27%	20%	11%	19%	25%	26%	25%	26%
Keeps them occupied, busy	31%	22%	30%	37%	29%	23%	24%	34%	31%	31%	31%	31%
Safe/I know where they are, what they're doing	17%	12%	17%	17%	20%	15%	23%		19%	15%	18%	15%
Entertaining/fun for them	61%	64%	66%	65%	54%	44%	42%	29%	61%	63%	60%	63%
Creative expression	20%	14%	16%	21%	23%	27%	33%	30%	19%	20%	20%	20%
Keeps them in touch with friends and family	10%	3%	11%	9%	11%	10%	8%	20%	6%	13%	7%	13%
Mental well-being	13%	8%	13%	12%	16%	15%	32%	16%	15%	11%	15%	11%
Other	3%	3%	2%	2%	3%	9%	2%	2%	2%	3%	2%	3%
No positive things, can't think of any	7%	13%	5%	8%	7%	5%	3%	7%	7%	7%	7%	7%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8c. [Rebase to all respondents] 3 main positives for encourage Screen activities - Gaming

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Learning/educational benefit	10%	7%	11%	9%	11%	16%	15%	3%	12%	8%	12%	8%
Reading ability/practice	7%	5%	7%	7%	8%	13%	18%	9%	8%	7%	8%	7%
Computer skills	18%	17%	18%	18%	21%	17%	9%	9%	19%	17%	19%	17%
Keeps them occupied, busy	22%	12%	21%	26%	23%	19%	19%	17%	23%	21%	23%	21%
Safe/I know where they are, what they're doing	12%	6%	12%	12%	16%	13%	19%		14%	10%	14%	10%
Entertaining/fun for them	43%	33%	47%	47%	43%	37%	33%	15%	47%	42%	45%	42%
Creative expression	14%	7%	11%	15%	18%	22%	27%	15%	15%	13%	15%	13%
Keeps them in touch with friends and family	7%	2%	8%	7%	9%	8%	6%	10%	5%	9%	5%	9%
Mental well-being	10%	4%	9%	9%	13%	13%	26%	8%	11%	8%	11%	8%
Other	2%	2%	1%	1%	2%	8%	2%	1%	2%	2%	2%	2%
No positive things, can't think of any	5%	7%	4%	6%	5%	4%	2%	3%	6%	5%	5%	5%
A bad thing to be discouraged	29%	48%	29%	28%	20%	16%	20%	50%	24%	33%	25%	33%

Ī				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	604	108	177	169	77*	32*	28*	25*	334	245	359	245

Q8d. We want to get a better sense of why people would discourage certain screen activities for kids- Creating

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	31%	33%	30%	39%	18%	22%	27%	61%	24%	37%	27%	37%
Less active/Not getting exercise/fresh air	28%	23%	35%	32%	24%	22%	17%	8%	26%	33%	25%	33%
Distracting from other important things in life	28%	30%	26%	26%	34%	33%	32%	10%	25%	34%	24%	34%
Attention span lower/less focus/learning issues	23%	24%	22%	26%	21%	19%	15%	16%	21%	26%	20%	26%
Over-stimulated/Hard to calm down	16%	17%	16%	18%	15%	12%	22%	33%	16%	16%	17%	16%
Hurts social skills/social life	10%	11%	9%	12%	11%	17%	7%	9%	7%	15%	7%	15%
Too commercial/advertising	10%	8%	8%	9%	20%	6%	17%	5%	13%	6%	13%	6%
Content generally – fake news/silly things	9%	9%	13%	3%	14%	7%	22%		10%	9%	9%	9%
Inappropriate content – hate/porn/etc.	9%	6%	13%	6%	12%	5%	7%	5%	9%	10%	8%	10%
Bullying/abuse risks	5%	2%	4%	4%	11%	6%	6%	5%	5%	4%	5%	4%
Privacy concerns/personal info	4%	3%	3%	4%	4%	19%		8%	5%	3%	5%	3%
Other	3%	4%	4%	1%	2%	11%	4%	8%	3%	2%	4%	2%
No negative things/can't think of any	16%	21%	15%	15%	11%	15%	9%	3%	18%	15%	17%	15%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8d. [Rebase to All respondents] We want to get a better sense of why people would discourage certain screen activities for kids- Creating

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	9%	13%	8%	9%	5%	7%	12%	24%	7%	9%	8%	9%
Less active/Not getting exercise/fresh air	8%	9%	9%	7%	6%	7%	7%	3%	8%	8%	8%	8%
Distracting from other important things in life	8%	12%	7%	6%	9%	10%	14%	4%	7%	8%	7%	8%
Attention span lower/less focus/learning issues	6%	9%	6%	6%	5%	6%	7%	6%	6%	6%	6%	6%
Over-stimulated/Hard to calm down	5%	7%	4%	4%	4%	4%	10%	13%	5%	4%	5%	4%
Hurts social skills/social life	3%	4%	2%	3%	3%	5%	3%	4%	2%	4%	2%	4%
Too commercial/advertising	3%	3%	2%	2%	5%	2%	7%	2%	4%	1%	4%	1%
Content generally – fake news/silly things	3%	3%	3%	1%	4%	2%	9%		3%	2%	3%	2%
Inappropriate content – hate/porn/etc.	2%	2%	3%	1%	3%	2%	3%	2%	3%	2%	3%	2%
Bullying/abuse risks	1%	1%	1%	1%	3%	2%	3%	2%	1%	1%	2%	1%
Privacy concerns/personal info	1%	1%	1%	1%	1%	6%		3%	1%	1%	1%	1%
Other	1%	2%	1%	*%	*%	3%	2%	3%	1%	1%	1%	1%
No negative things/can't think of any	4%	8%	4%	3%	3%	4%	4%	1%	5%	4%	5%	4%
A good thing to be encouraged	73%	60%	74%	78%	75%	71%	57%	61%	70%	76%	70%	76%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	469	88*	140	189	57*	27*	15*	25*	259	185	284	185

Q8d. We want to get a better sense of why people would discourage certain screen activities for kids- Learning

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	26%	23%	26%	29%	24%	32%		25%	18%	36%	19%	36%
Attention span lower/less focus/learning issues	22%	27%	23%	17%	28%	36%	9%	18%	20%	26%	20%	26%
Less active/Not getting exercise/fresh air	21%	28%	20%	19%	18%	17%	31%	12%	20%	23%	19%	23%
Distracting from other important things in life	19%	22%	18%	19%	26%	13%	7%	13%	17%	22%	17%	22%
Over-stimulated/Hard to calm down	17%	12%	26%	14%	13%	15%	28%	18%	18%	17%	18%	17%
Hurts social skills/social life	15%	16%	18%	16%	8%	7%	21%	3%	18%	13%	17%	13%
Too commercial/advertising	10%	7%	10%	13%	11%	7%	26%	22%	7%	13%	9%	13%
Content generally – fake news/silly things	10%	11%	10%	9%	9%	8%	18%	10%	11%	8%	11%	8%
Inappropriate content – hate/porn/etc.	9%	10%	12%	5%	14%	6%		17%	8%	8%	9%	8%
Bullying/abuse risks	6%	3%	8%	4%	13%			14%	6%	4%	7%	4%
Privacy concerns/personal info	6%	4%	9%	4%	8%	2%	14%	3%	4%	8%	4%	8%
Other	5%	4%	7%	2%	2%	11%	14%	6%	4%	6%	4%	6%
No negative things/can't think of any	18%	20%	13%	18%	18%	25%	11%	3%	21%	17%	19%	17%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	6*5	1121	1014	1186	1014

Q8d. [Rebase to all respondents] We want to get a better sense of why people would discourage certain screen activities for kids- Learning

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	5%	7%	5%	5%	5%	8%		10%	4%	7%	4%	7%
Attention span lower/less focus/learning issues	5%	9%	5%	3%	5%	9%	2%	7%	5%	5%	5%	5%
Less active/Not getting exercise/fresh air	4%	9%	4%	3%	3%	4%	7%	4%	5%	4%	5%	4%
Distracting from other important things in life	4%	7%	4%	3%	5%	3%	2%	5%	4%	4%	4%	4%
Over-stimulated/Hard to calm down	4%	4%	5%	2%	2%	4%	6%	7%	4%	3%	4%	3%
Hurts social skills/social life	3%	5%	4%	3%	2%	2%	5%	1%	4%	2%	4%	2%
Too commercial/advertising	2%	2%	2%	2%	2%	2%	6%	8%	2%	2%	2%	2%
Content generally – fake news/silly things	2%	4%	2%	2%	2%	2%	4%	4%	3%	1%	3%	1%
Inappropriate content – hate/porn/etc.	2%	3%	2%	1%	3%	1%		7%		1%		
Bullying/abuse risks	1%	1%	2%	1%	3%			5%	1%	1%	2%	1%
Privacy concerns/personal info	1%	1%	2%	1%	2%	*%	3%	1%	1%	2%	1%	2%
Other	1%	1%	1%	*%	*%	3%	3%	2%	1%	1%	1%	1%
No negative things/can't think of any	4%	6%	3%	3%	3%	6%	3%	1%	5%	3%	5%	3%
A good thing to be encouraged	79%	68%	79%	83%	81%	75%	77%	62%	77%	82%	76%	82%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1451	216	432	509	185	59*	32*	45*	707	699	752	699

Q8d. We want to get a better sense of why people would discourage certain screen activities for kids-Consuming content for fun

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	48%	45%	50%	51%	40%	57%	28%	44%	43%	53%	43%	53%
Distracting from other important things in life	45%	39%	46%	51%	35%	47%	31%	25%	41%	49%	40%	49%
Less active/Not getting exercise/fresh air	39%	36%	41%	41%	38%	39%	42%	20%	36%	44%	35%	44%
Attention span lower/less focus/learning issues	22%	28%	21%	20%	27%	25%	13%	17%	20%	25%	20%	25%
Over-stimulated/Hard to calm down	17%	21%	19%	16%	14%	13%	15%	13%	15%	19%	15%	19%
Inappropriate content – hate/porn/etc.	15%	14%	15%	16%	12%	10%	33%	2%	14%	16%	14%	16%
Hurts social skills/social life	12%	12%	12%	13%	8%	15%	5%	12%	11%	13%	11%	13%
Content generally – fake news/silly things	11%	8%	12%	11%	12%	10%	26%	14%	11%	11%	11%	11%
Too commercial/advertising	11%	13%	11%	11%	10%	8%	2%	7%	12%	9%	12%	9%
Privacy concerns/personal info	7%	7%	7%	5%	12%	3%	20%	5%	8%	6%	8%	6%
Bullying/abuse risks	5%	4%	6%	5%	3%		2%	6%	4%	5%	4%	
Other	1%	1%	1%	1%	2%		8%	5%	1%	1%	1%	1%
No negative things/can't think of any	6%	7%	6%	4%	6%	4%	8%	8%	9%	2%	9%	2%

Ī									Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr					8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8d. [Rebase to all respondents] We want to get a better sense of why people would discourage certain screen activities for kids-Consuming content for fun

			Tim	ne spent	on Scree	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	32%	35%	32%	34%	24%	32%	14%	31%	27%	36%	27%	36%
Distracting from other important things in life	29%	31%	29%	34%	21%	26%	15%	17%	26%	34%	26%	34%
Less active/Not getting exercise/fresh air	26%	28%	26%	27%	23%	21%	21%	14%	23%	30%	22%	30%
Attention span lower/less focus/learning issues	15%	22%	13%	13%	16%	14%	6%	11%	13%	17%	13%	17%
Over-stimulated/Hard to calm down	11%	17%	12%	11%	9%	7%	7%	9%	9%	13%	9%	13%
Inappropriate content – hate/porn/etc.	10%	11%	9%	11%	8%	6%	17%	2%	9%	11%	9%	11%
Hurts social skills/social life	8%	10%	8%	9%	5%	8%	2%	8%	7%	9%	7%	9%
Content generally – fake news/silly things	7%	7%	8%	7%	7%	5%	13%	10%	7%	8%	7%	8%
Too commercial/advertising	7%	10%	7%	7%	6%	4%	1%	5%	8%	6%	7%	6%
Privacy concerns/personal info	5%	5%	5%	3%	7%	2%	10%	3%	5%	4%	5%	4%
Bullying/abuse risks	3%	3%	4%	4%	2%		1%	4%	3%	3%	3%	3%
Other	1%	1%	1%	1%	1%		4%	3%	1%	1%	1%	1%
No negative things/can't think of any	4%	6%	4%	3%	4%	2%	4%	6%	6%	2%	6%	2%
A good thing to be encouraged	34%	21%	36%	33%	39%	45%	51%	31%	37%	31%	37%	31%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	1679	235	534	589	207	68*	29*	50*	862	767	912	767

Q8d. We want to get a better sense of why people would discourage certain screen activities for kids- Social Interaction

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Bullying/abuse risks	30%	28%	30%	33%	27%	21%	13%	19%	29%	31%	28%	31%
Distracting from other important things in life	29%	29%	25%	33%	28%	29%	33%	25%	26%	33%	26%	33%
Hurts social skills/social life	29%	28%	30%	30%	25%	24%	17%	12%	27%	31%	27%	31%
Less active/Not getting exercise/fresh air	24%	17%	22%	27%	26%	36%	25%	18%	20%	28%	20%	28%
Addictive	24%	26%	24%	25%	18%	24%	20%	8%	21%	28%	20%	28%
Privacy concerns/personal info	23%	22%	24%	23%	21%	17%	33%	6%	23%	23%	22%	23%
Inappropriate content – hate/porn/etc.	19%	15%	20%	21%	20%	13%	20%	15%	21%	17%	21%	17%
Attention span lower/less focus/learning issues	12%	11%	14%	10%	14%	15%	4%	12%	10%	14%	10%	14%
Content generally – fake news/silly things	10%	10%	12%	7%	10%	8%	9%	11%	10%	8%	10%	8%
Too commercial/advertising	9%	4%	8%	10%	16%	10%	5%	8%	11%	7%	11%	7%
Over-stimulated/Hard to calm down	7%	7%	7%	6%	7%	16%	17%	1%	6%	9%	6%	9%
Other	2%	2%	2%	2%	2%	3%	4%		3%	2%	2%	2%
No negative things/can't think of any	9%	14%	9%	7%	5%	3%	6%	20%	11%	6%	11%	6%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8d. [Rebase to all respondents] We want to get a better sense of why people would discourage certain screen activities for kids-Social Interaction

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Bullying/abuse risks	23%	24%	24%	26%	18%	13%	6%	14%	22%	24%	22%	24%
Distracting from other important things in life	22%	25%	20%	26%	19%	18%	15%	19%	20%	25%	20%	25%
Hurts social skills/social life	22%	24%	24%	23%	17%	15%	8%	9%	21%	23%	20%	23%
Less active/Not getting exercise/fresh air	18%	15%	17%	21%	18%	23%	11%	14%	16%	21%	16%	21%
Addictive	18%	22%	19%	19%	12%	15%	9%	6%	16%	21%	15%	21%
Privacy concerns/personal info	17%	19%	19%	18%	14%	11%	15%	5%	18%	17%	17%	17%
Inappropriate content – hate/porn/etc.	15%	13%	16%	16%	14%	8%	9%	11%	16%	13%	16%	13%
Attention span lower/less focus/learning issues	9%	10%	11%	7%	9%	10%	2%	9%	8%	10%	8%	10%
Content generally – fake news/silly things	7%	9%	9%	6%	7%	5%	4%	8%	8%	6%	8%	6%
Too commercial/advertising	7%	4%	6%	7%	11%	6%	2%	6%	8%	5%	8%	5%
Over-stimulated/Hard to calm down	6%	6%	6%	5%	5%	10%	8%	1%	5%	7%	5%	7%
Other	2%	2%	2%	1%	2%	2%	2%		2%	1%	2%	1%
No negative things/can't think of any	7%	12%	7%	5%	3%	2%	3%	15%	8%	4%	9%	4%
A good thing to be encouraged	24%	14%	21%	22%	32%	37%	55%	23%	23%	24%	23%	24%

Ī									Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr					8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	1810	251	568	633	224	69*	45*	56*	913	841	969	841

Q8d. We want to get a better sense of why people would discourage certain screen activities for kids-Gaming

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	57%	60%	60%	58%	49%	44%	43%	37%	52%	63%	51%	63%
Distracting from other important things in life	39%	36%	39%	43%	39%	33%	37%	21%	36%	44%	35%	44%
Less active/Not getting exercise/fresh air	39%	34%	40%	41%	37%	34%	51%	11%	37%	43%	35%	43%
Over-stimulated/Hard to calm down	22%	28%	24%	21%	22%	13%	14%	10%	21%	25%	21%	25%
Attention span lower/less focus/learning issues	18%	22%	18%	17%	15%	25%	12%	21%	16%	19%	16%	19%
Hurts social skills/social life	16%	12%	18%	17%	15%	15%	6%	18%	16%	17%	16%	17%
Inappropriate content – hate/porn/etc.	11%	12%	10%	9%	14%	19%	6%	10%	11%	11%	11%	11%
Bullying/abuse risks	9%	5%	7%	12%	11%	5%	7%	2%	10%	8%	9%	8%
Too commercial/advertising	8%	6%	6%	10%	7%	11%	9%	4%	9%	7%	9%	7%
Privacy concerns/personal info	7%	6%	5%	8%	8%	4%	10%	10%	7%	6%	7%	6%
Content generally – fake news/silly things	5%	5%	5%	4%	8%	6%	6%	10%	4%	6%	5%	6%
Other	1%		3%	1%	1%	1%	3%	4%	1%	1%	1%	1%
No negative things/can't think of any	5%	8%	5%	4%	5%	5%	13%	15%	7%	3%	7%	3%

			Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q8d. [Rebase to all respondents] We want to get a better sense of why people would discourage certain screen activities for kids- Gaming

			Tim	ne spent	on Scree	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Addictive	47%	55%	50%	49%	36%	28%	30%	32%	42%	52%	42%	52%
Distracting from other important things in life	32%	33%	33%	36%	28%	21%	25%	18%	29%	37%	29%	37%
Less active/Not getting exercise/fresh air	32%	31%	34%	35%	27%	22%	35%	10%	30%	36%	29%	36%
Over-stimulated/Hard to calm down	18%	26%	20%	18%	16%	8%	10%	9%	17%	20%	17%	20%
Attention span lower/less focus/learning issues	15%	20%	15%	14%	11%	16%	8%	18%	13%	16%	13%	16%
Hurts social skills/social life	13%	11%	15%	15%	11%	10%	4%	16%	13%	14%	13%	14%
Inappropriate content – hate/porn/etc.	9%	11%	8%	8%	11%	12%	4%	8%	9%	9%	9%	9%
Bullying/abuse risks	7%	5%	6%	10%	8%	4%	5%	2%	8%	7%	7%	7%
Too commercial/advertising	6%	6%	5%	8%	5%	7%	6%	4%	7%	5%	7%	5%
Privacy concerns/personal info	5%	6%	4%	7%	6%	3%	7%	9%	6%	5%	6%	5%
Content generally – fake news/silly things	4%	5%	4%	4%	6%	4%	4%	9%	3%	5%	4%	5%
Other	1%		2%	1%	1%	1%	2%	3%	1%	1%	1%	1%
No negative things/can't think of any	4%	7%	4%	3%	3%	3%	9%	13%	6%	3%	6%	3%
A good thing to be encouraged	18%	8%	16%	16%	26%	36%	31%	14%	19%	17%	18%	17%

### Q9. [Never/ Rarely] How often, if ever, do you do each of the following:

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Monitor what the child is doing or watching on screen	11%	8%	9%	9%	16%	14%	15%	32%	10%	10%	11%	10%
Feel bad or guilty for allowing them to spend screen time unsupervised	37%	36%	40%	36%	35%	29%	33%	37%	46%	27%	45%	27%
Check their device(s) to see what they've been doing	18%	23%	17%	17%	18%	15%	19%	33%	18%	18%	18%	18%
Do screen activities with your child, such as making things or playing games etc.	24%	27%	25%	24%	15%	26%	27%	35%	19%	28%	20%	28%
Encourage some activities or sites over others	13%	11%	13%	11%	17%	15%	12%	22%	12%	14%	12%	14%
Talk to them about being careful online – such as social media privacy or dealing with inappropriate content	17%	25%	17%	15%	18%	9%	14%	25%	16%	18%	16%	18%

### Q9. [Often/ all the time] How often, if ever, do you do each of the following:

		Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time

Monitor what the child is doing or watching on screen	63%	71%	68%	62%	55%	51%	60%	51%	66%	62%	65%	62%
Feel bad or guilty for allowing them to spend screen time unsupervised	26%	28%	22%	24%	30%	38%	33%	40%	14%	37%	16%	37%
Check their device(s) to see what they've been doing	56%	62%	60%	54%	51%	54%	49%	45%	60%	53%	59%	53%
Do screen activities with your child, such as making things or playing games etc.	34%	33%	35%	31%	41%	37%	33%	41%	40%	27%	40%	27%
Encourage some activities or sites over others	53%	66%	55%	49%	49%	48%	37%	50%	56%	49%	56%	49%
Talk to them about being careful online – such as social media privacy or dealing with inappropriate content	60%	47%	61%	66%	57%	57%	45%	49%	61%	59%	60%	59%

# Q9. How often, if ever, do you - Monitor what the child is doing or watching on screen

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	3%	3%	3%	2%	4%	1%	2%	15%	3%	2%	3%	2%
Rarely	8%	4%	6%	8%	12%	12%	13%	17%	7%	8%	8%	8%
Sometimes	26%	22%	23%	28%	28%	35%	25%	17%	24%	28%	24%	28%
Often	37%	36%	39%	37%	37%	29%	44%	36%	37%	37%	37%	37%
All the time	27%	35%	30%	26%	19%	22%	16%	16%	29%	24%	28%	24%
Net: Never/ Rarely	11%	8%	9%	9%	16%	14%	15%	32%	10%	10%	11%	10%
Net: Often/ All the time	63%	71%	68%	62%	55%	51%	60%	51%	66%	62%	65%	62%

### Q9. How often, if ever, do you - Feel bad or guilty for allowing them to spend screen time unsupervised

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	13%	17%	14%	11%	12%	10%	8%	20%	17%	8%	17%	8%
Rarely	24%	19%	27%	24%	23%	19%	25%	17%	29%	19%	28%	19%
Sometimes	38%	36%	38%	40%	34%	33%	34%	23%	40%	36%	39%	36%
Often	18%	19%	14%	17%	22%	27%	20%	28%	11%	25%	12%	25%
All the time	8%	9%	8%	7%	8%	11%	13%	12%	4%	12%	4%	12%
Net: Never/ Rarely	37%	36%	40%	36%	35%	29%	33%	37%	46%	27%	45%	27%
Net: Often/ All the time	26%	28%	22%	24%	30%	38%	33%	40%	14%	37%	16%	37%

### Q9. How often, if ever, do you - Check their device(s) to see what they've been doing

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	8%	17%	8%	7%	6%	2%	7%	17%	9%	7%	9%	7%
Rarely	10%	5%	10%	10%	12%	13%	12%	16%	9%	11%	9%	11%
Sometimes	26%	15%	23%	29%	31%	30%	32%	22%	23%	29%	23%	29%
Often	31%	31%	32%	31%	30%	32%	26%	27%	32%	31%	31%	31%
All the time	25%	31%	27%	24%	21%	22%	23%	18%	28%	23%	28%	23%
Net: Never/ Rarely	18%	23%	17%	17%	18%	15%	19%	33%	18%	18%	18%	18%
Net: Often/ All the time	56%	62%	60%	54%	51%	54%	49%	45%	60%	53%	59%	53%

Q9. How often, if ever, do you - Do screen activities with your child, such as making things or playing games etc.

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	7%	11%	7%	6%	3%	8%	6%	18%	5%	8%	6%	8%
Rarely	17%	16%	18%	17%	13%	18%	20%	17%	14%	20%	14%	20%
Sometimes	42%	40%	40%	45%	44%	37%	41%	24%	41%	45%	40%	45%
Often	25%	23%	27%	25%	29%	22%	23%	27%	30%	20%	30%	20%
All the time	9%	11%	8%	7%	13%	15%	10%	14%	10%	7%	10%	7%
Net: Never/ Rarely	24%	27%	25%	24%	15%	26%	27%	35%	19%	28%	20%	28%
Net: Often/ All the time	34%	33%	35%	31%	41%	37%	33%	41%	40%	27%	40%	27%

### Q9. How often, if ever, do you - Encourage some activities or sites over others

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	5%	6%	5%	3%	6%	2%	4%	13%	4%	4%	5%	4%
Rarely	8%	5%	8%	8%	10%	13%	7%	9%	7%	10%	7%	10%
Sometimes	34%	23%	32%	40%	35%	37%	51%	28%	33%	37%	32%	37%
Often	35%	40%	36%	35%	35%	29%	18%	30%	39%	31%	39%	31%
All the time	18%	26%	19%	14%	14%	18%	19%	21%	17%	18%	17%	18%
Net: Never/ Rarely	13%	11%	13%	11%	17%	15%	12%	22%	12%	14%	12%	14%
Net: Often/ All the time	53%	66%	55%	49%	49%	48%	37%	50%	56%	49%	56%	49%

Q9. How often, if ever, do you - Talk to them about being careful online - such as social media privacy or dealing with inappropriate content

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Never	8%	18%	8%	6%	6%	4%	10%	18%	8%	8%	9%	8%
Rarely	9%	7%	10%	8%	11%	6%	3%	7%	7%	11%	7%	11%
Sometimes	23%	28%	22%	19%	25%	34%	41%	26%	24%	23%	24%	23%
Often	35%	25%	36%	40%	30%	38%	28%	31%	34%	35%	34%	35%
All the time	25%	22%	25%	27%	27%	19%	17%	18%	26%	24%	26%	24%
Net: Never/ Rarely	17%	25%	17%	15%	18%	9%	14%	25%	16%	18%	16%	18%
Net: Often/ All the time	60%	47%	61%	66%	57%	57%	45%	49%	61%	59%	60%	59%

Q9b. Some parents set a maximum number of hours of screen time per day or per week for their kids. What about you?

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Have a firm limit on your kid(s) screen time that you strictly enforce	25%	55%	25%	17%	18%	27%	17%	44%	26%	22%	27%	22%
Have an informal limit that you enforce when they're spending too much time on their screens	59%	36%	64%	64%	58%	49%	54%	47%	57%	61%	57%	61%
No longer have a limit, but used to	5%	2%	4%	6%	9%	9%	11%		5%	6%	5%	6%
Not set a limit on your kid(s) screen time	11%	7%	8%	12%	16%	15%	18%	9%	11%	11%	11%	11%
Net: Have limit	84%		89%					91%				
Net: No limit	16%	8%	11%	18%	24%	24%	28%	9%	16%	17%	16%	17%

## Q9c. What about parental controls?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Use all the time/Wherever they're available	34%	36%	34%	32%	38%	36%	34%	60%	35%	32%	36%	32%
Use only sometimes/On certain devices	37%	26%	38%	38%	43%	39%	39%	19%	38%	37%	37%	37%
Don't really use at all	29%	38%	28%	30%	19%	25%	27%	21%	27%	30%	27%	30%

Q10a. As far as you are aware, does your child do anything specifically educational or learning-focused during their at-home screen time?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
No, never	4%	7%	3%	4%	2%	2%	5%	12%	2%	4%	3%	4%
Rarely	10%	10%	10%	13%	8%	5%	15%	15%	7%	14%	7%	14%
Sometimes	42%	35%	41%	43%	43%	43%	38%	29%	39%	46%	38%	46%
Often	31%	34%	33%	32%	27%	26%	23%	23%	36%	25%	36%	25%
All the time	11%	12%	11%	8%	16%	16%	16%	17%	14%	7%	14%	7%
Not sure/Don't know	2%	3%	2%	1%	3%	8%	4%	3%	2%	3%	2%	3%
Net: No, never/ Rarely	14%	17%	13%	16%	11%	7%	20%	27%	9%	19%	10%	19%
Net: Often/ all the time	42%	46%	44%	40%	43%	42%	39%	41%	50%	33%	50%	33%

Ī				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
	Sample	2067	247	644	719	286	97*	59*	55*	1074	938	1129	938

Q10b. What types of things? Are they:

			Tim	ie spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Games that are fun while you learn	53%	51%	56%	54%	48%	42%	44%	49%	56%	50%	55%	50%
Math related	45%	50%	46%	46%	38%	46%	28%	34%	47%	42%	47%	42%
Literacy related	31%	37%	34%	29%	28%	32%	31%	27%	33%	29%	33%	29%
Problem-solving	40%	39%	45%	40%	36%	39%	34%	55%	43%	36%	44%	36%
Puzzles	49%	46%	52%	49%	45%	42%	52%	53%	52%	45%	52%	45%
Videos	43%	32%	40%	44%	51%	41%	58%	41%	41%	44%	41%	44%
Musical	36%	31%	33%	37%	41%	43%	36%	56%	36%	35%	37%	35%
Reading	47%	40%	47%	50%	44%	58%	38%	42%	50%	44%	49%	44%
Other (Specify:)	3%	5%	3%	3%	1%	4%	5%	4%	2%	4%	3%	4%

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	None/< 1-2 2-4 1 hr hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

Q10b. [Rebase to all respondents] What types of things? Are they:

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Games that are fun while you learn	49%	46%	54%	52%	45%	38%	40%	41%	53%	46%	53%	46%
Math related	42%	45%	44%	44%	36%	41%	26%	28%	45%	39%	44%	39%
Literacy related	30%	34%	32%	28%	26%	29%	28%	23%	32%	27%	32%	27%
Problem-solving	38%	35%	42%	38%	34%	35%	31%	46%	41%	33%	42%	33%
Puzzles	46%	42%	50%	47%	43%	38%	48%	45%	50%	42%	50%	42%
Videos	40%	29%	38%	42%	48%	37%	53%	34%	40%	41%	39%	41%
Musical	34%	28%	32%	35%	38%	39%	33%	47%	35%	32%	35%	32%
Reading	44%	36%	45%					35%	48%	41%	47%	
Other (Specify:)	3%	4%	3%	3%		4%		3%				
No Never	4%	7%	3%	4%		2%		12%				
DK	2%	3%	2%	1%	3%	8%	4%	3%	2%	3%	2%	3%

### Q11. Overall, do you think that screen time is generally a good way or a poor way for kids to learn?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
An excellent way for kids to learn	8%	6%	7%	8%	9%	12%	29%	24%	10%	6%	11%	6%
A good way	23%	13%	21%	24%	30%	32%	16%	26%	27%	18%	27%	18%
Can be/Depends	58%	60%	62%	61%	52%	44%	51%	46%	56%	62%	55%	62%
A poor way	5%	10%	6%	4%	4%	5%	2%	1%	4%	7%	4%	7%
A Very poor way for kids to learn	4%	9%	3%	3%	4%	1%	1%	3%	2%	5%	2%	5%
Not sure/Don't know	1%	1%	1%	1%	1%	5%	1%	*%	1%	2%	1%	2%
Net: Excellent/ Good way	31%	19%	29%	32%	39%	44%	45%	50%	37%	23%	38%	23%
Net: Poor way/ a very poor way	9%	19%	8%	7%	8%	6%	3%	4%	6%	13%	6%	13%

# Q12. how this child is doing in the following overall areas - Mental health

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	11%	12%	10%	10%	10%	19%	16%	25%	9%	12%	10%	12%
Is okay/fine	30%	25%	24%	33%	35%	35%	36%	37%	27%	33%	27%	33%
Does very well	55%	58%	62%	54%	51%	41%	40%	34%	60%	51%	59%	51%
Don't know/Not sure	3%	4%	2%	2%	2%	4%	4%	4%		3%	2%	3%
Rather not say	1%	1%	2%	1%	1%	1%	3%	*%	2%	1%	2%	1%
Net: Fine / well	85%	83%	86%	87%	86%	76%	77%	71%	87%	84%	86%	84%

### Q12. How this child is doing in the following overall areas - Sociability/Friends

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	10%	9%	10%	9%	10%	20%	17%	29%	6%	13%	8%	13%
Is okay/fine	30%	26%	28%	34%	30%	31%	33%	38%	28%	32%	29%	32%
Does very well	55%	62%	58%	54%	49%	46%	38%	29%	60%	50%	58%	50%
Don't know/Not sure	4%	2%	3%	2%	8%	4%	11%	3%		3%	4%	3%
Rather not say	1%	2%	1%	1%	3%			*%	1%	2%	1%	2%
Net: Fine / well	85%	87%	86%	88%	79%	77%	71%	68%	88%	82%	87%	82%

### Q12. How this child is doing in the following overall areas - Physical fitness

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	6%	4%	4%	8%	9%	9%	11%	15%	4%	9%	4%	9%
Is okay/fine	33%	23%	31%	36%	36%	38%	34%	29%	31%	35%	31%	35%
Does very well	56%	66%	63%	54%	49%	45%	38%	43%	62%	51%	61%	
Don't know/Not sure	4%	5%	1%	2%	5%	5%	17%	7%	2%	5%	3%	5%
Rather not say	1%	1%	1%	1%	1%	3%		5%	1%	1%	1%	1%
Net: Fine / well	89%	90%	94%	90%	84%	82%	72%	72%	93%	85%	92%	85%

Ī				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	2132	257	652	729	301	107	65*	64*	1088	980	1152	980

Q12. How this child is doing in the following overall areas - Playing (e.g. outdoors/without screens)

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	8%	4%	7%	9%	12%	11%	12%	21%	4%	12%	5%	12%
Is okay/fine	29%	18%	26%	33%	30%	33%	41%	34%	23%	35%	24%	35%
Does very well	59%	74%	65%	55%	52%	51%	37%	41%	68%	50%	67%	50%
Don't know/Not sure	3%	3%	1%	2%	4%	4%	10%	4%	3%	2%	3%	2%
Rather not say	1%	2%	1%	1%	2%	2%	1%		1%	1%	1%	1%
Net: Fine / well	88%	91%	91%	88%	82%	84%	78%	75%	91%	85%	90%	85%

### Q12. And, what about in the following areas - Marks at school

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	7%	4%	6%	7%	7%	7%	17%	3%	4%	10%	4%	10%
Is okay/fine	21%	15%	18%	20%	28%	22%	37%	39%	17%	24%	18%	24%
Does very well	46%	46%	48%	50%	39%	32%	30%	31%	49%	43%	48%	43%
Don't know/Not sure	4%		2%	3%	7%	15%	9%	5%	4%	3%	4%	3%
Rather not say	1%	*%	1%	1%	2%	3%		1%	1%	1%	1%	1%
Not applicable – too young/not in school	22%	32%	25%	19%	18%	21%	7%	21%	25%	19%	24%	19%
Net: Fine / well	67%	61%	66%	71%	67%	54%	66%	70%	66%	67%	66%	67%

Ī				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	1665	174	492	590	248	84*	61*	51*	820	794	871	794

Q12. [Rebase to exclude NA] And, what about in the following areas - Marks at school

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	9%	7%	9%	8%	8%	8%	19%	4%	6%	12%	6%	12%
Is okay/fine	26%	23%	24%	25%	34%	28%	40%	49%	22%	30%	23%	30%
Does very well	59%	68%	64%	62%	47%	40%	32%	39%	66%	53%	64%	53%
Don't know/Not sure	5%			3%	9%	19%	10%	7%	6%	4%	6%	4%
Rather not say	1%	*%	1%	1%	2%	4%		2%	1%	1%	1%	1%
Net: Fine / well	85%	90%	88%	87%	81%	69%	71%	88%	87%	83%	87%	83%

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	None/< 1-2 2-4 4-6 hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2132	257	652	729	301	107	65*	64*	1088	980	1152	980

### Q12. And, what about in the following areas - Reading ability

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	9%	9%	8%	8%	8%	7%	10%	17%	7%	10%	7%	10%
Is okay/fine	21%	11%	19%	23%	29%	30%	26%	19%	19%	24%	19%	24%
Does very well	45%	49%	47%	47%	41%	33%	38%	30%	48%	43%	47%	43%
Don't know/Not sure	4%	2%	2%	3%	6%	11%	17%	12%	4%	4%	4%	4%
Rather not say	1%		1%	*%	3%	4%	2%	3%	1%	1%	1%	1%
Not applicable – too young/not in school	19%	29%	22%	18%	14%	15%	7%	19%	20%	18%	20%	18%
Net: Fine / well	67%	60%	66%	70%	70%	63%	64%	49%	67%	67%	66%	67%

Ī				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ľ	Sample	1719	183	506	600	259	91*	61*	52*	867	800	919	800

Q12. [Rebase to exclude NA] And, what about in the following areas - Reading ability

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	11%	13%	11%	10%	9%	9%	11%	21%	9%	12%	9%	12%
Is okay/fine	27%	16%	25%	28%	34%	35%	28%	24%	24%	29%	24%	29%
Does very well	56%	68%	60%	57%	47%	38%	41%	37%	60%	53%	59%	53%
Don't know/Not sure	5%	3%	3%	4%	7%	13%	18%	15%	5%	5%	5%	5%
Rather not say	1%		1%	1%	3%	4%	2%	3%	2%	1%	2%	1%
Net: Fine / well	83%	84%	85%	85%	81%	74%	69%	61%	85%	82%	83%	82%

				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sa	ample	2132	257	652	729	301	107	65*	64*	1088	980	1152	980

#### Q12. And, what about in the following areas - Math ability

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	9%	8%	9%	9%	11%	10%	17%	15%	8%	10%	8%	10%
Is okay/fine	21%	17%	19%	23%	22%	30%	20%	15%	20%	24%	20%	24%
Does very well	45%	45%	47%	48%	39%	35%	43%	44%	46%	45%	46%	45%
Don't know/Not sure	5%	3%	2%			11%	10%	7%	5%	4%	5%	4%
Rather not say	1%		1%	*%	3%	1%	3%		1%	1%	1%	1%
Not applicable – too young/not in school	19%	27%	22%	16%	14%	14%	7%	19%	21%	17%	20%	17%
Net: Fine / well	67%	62%	66%	72%	62%	64%	64%	58%	66%	68%	65%	68%

I				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
ĺ	Sample	1734	187	509	611	258	92*	61*	52*	865	817	917	817

Q12. [Rebase to exclude NA] And, what about in the following areas - Math ability

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Has some struggles with this	11%	11%	11%	11%	13%	11%	18%	19%	10%	12%	11%	12%
Is okay/fine	26%	23%	25%	28%	26%	35%	22%	18%	25%	28%	25%	28%
Does very well	56%	62%	60%	58%	46%	40%	46%	54%	58%	53%	57%	53%
Don't know/Not sure	6%	4%	3%	4%	12%	13%	11%	9%	6%	5%	6%	5%
Rather not say	1%		1%	*%	3%	1%	3%		1%	1%	1%	1%
Net: Fine / well	82%	85%	85%	86%	72%	75%	68%	72%	83%	82%	82%	82%

I				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	spend more	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Ī	Sample	2132	257	652	729	301	107	65*	64*	1088	980	1152	980

Q13. We'd like to know if your child – the one we've been asking about in this survey – has any kind of physical, developmental, or learning disabilities.

			Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
Yes, a physical disability	4%	4%	3%	3%	7%	8%	11%	21%	3%	4%	4%	4%
Yes, a developmental disability	8%	3%	6%	6%	13%	17%	24%	19%	8%	6%	9%	6%
Yes, a learning disability	12%	9%	10%	9%	24%	19%	13%	16%	12%	12%	12%	12%
No, nothing like this	78%	83%	81%	82%	65%	67%	54%	47%	79%	78%	77%	78%
Rather not say	2%	2%	3%	2%	1%	1%	9%	4%	2%	3%	2%	3%
Net: Yes	20%	14%	17%	16%	35%	32%	37%	50%	20%	19%	21%	19%

Γ				Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
	Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

D8a. Were you born in Canada or in another country?

			Tim	ne spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
In Canada	90%	92%	90%	91%	90%	86%	90%	93%	91%	90%	91%	90%
In another country	10%	8%	10%	9%	10%	14%	10%	7%	9%	10%	9%	10%

ſ				Tim	e spent	on Scre	ens		Co	ncern about scree	n time	Concern about	screen time
		Total	None/< 1 hr	1 hr hours hours hours hours				8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
I	Sample	210	21*	64*	64*	31*	15*	7*	5*	101	104	106	104

D8b. How many years have you lived in Canada?

		Time spent on Screens						Co	oncern about scree	n time	Concern about screen time		
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time	
Fewer than 5 years	11%	9%	10%	10%	7%	14%			7%	15%	7%	15%	
5-10 years	27%	29%	24%	26%	31%	34%		22%	30%	25%	29%	25%	
10-20 years	25%	8%	31%	22%	32%	28%	35%	67%	20%	28%	22%	28%	
20-30 years	15%	16%	15%	23%	9%	12%		11%	17%	14%	17%	14%	
30 years or more	22%	37%	20%	19%	22%	12%	65%		26%	19%	25%	19%	

D8c. What country or region were you born in?

	Total		Tim	ne spent	on Scre	ens		Co	oncern about scree	Concern about screen time		
		None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
China (or Hong Kong)	14%	13%	15%	11%	19%	9%		18%	12%	15%	12%	15%
The Philippines	5%	7%	4%	6%	2%	6%	9%		4%	5%	4%	5%
South Asia (India, Pakistan, Bangladesh, etc)	10%	4%	7%	5%	16%	39%		22%	5%	14%	6%	14%
Elsewhere in Asia (SE Asia, Central Asia, Japan, Korea, etc)	5%	3%	3%	2%	1%	10%			3%	6%	3%	6%
The United States	7%	22%	6%	2%	3%		26%		9%	5%	8%	5%
Africa	13%	6%	13%	17%	16%	7%	13%		12%	15%	11%	15%
Middle East	8%		12%	11%	8%			11%	12%	4%	12%	4%
Latin America	9%		8%	12%	8%		52%	49%	9%	6%	11%	6%
Western Europe	13%	23%	12%	11%	13%	23%			13%	13%	12%	13%
Eastern Europe	13%	19%	16%	15%	4%	7%			15%	11%	15%	11%
Oceania/Australia	5%	3%	4%	6%	10%				5%	5%	5%	5%

		Time spent on Screens						Co	ncern about scree	n time	Concern about screen time	
	Total	None/< 1 hr	1-2 hours	2-4 hours	4-6 hours	6-8 hours	8/more than 8	Wish they spend more time	Comfortable with their screen time	spend too much	Wish they spend more/ Comfortable	Concerned they spend too much time
Sample	2200	273	675	755	303	108	65*	65*	1121	1014	1186	1014

D8d. What languages are commonly spoken in your home?

	Total		Tim	e spent	on Scre	ens		Co	oncern about scree	n time	Concern about	screen time
		None/< 1 hr	1-2 hours	2-4 hours	4-6 hours		8/more than 8	Wish they spend more time	Comfortable with their screen time	Concerned they spend too much time	Wish they spend more/ Comfortable	Concerned they spend too much time
English	80%	75%	78%	85%	78%	78%	83%	77%	81%	79%	81%	79%
French	26%	33%	29%	20%	25%	23%	27%	28%	25%	26%	25%	26%
Another language: (specify)	5%	4%	5%	6%	4%	4%	4%	5%	4%	5%	4%	5%